

# Wales Autumn Meeting 2023

## Five top tips for getting the most out of your meeting:

### 1. Record your attendance

**Online:** Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

**In person:** Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

### 2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

### 3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the conference to speak to a sponsor.

### 4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSConf](#).

### 5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

**21 - 22** September 2023

Swansea Clty Stadium & Online (Hybrid meeting)

With grateful thanks to our sponsors. Daiichi Sankyo have had no editorial input into or control over the agenda, content development or choice of speakers, nor opportunity to influence, except for the Daiichi Sankyo sponsored symposia presentations. They have not had any input or influence as to the content of the programme. Sponsored symposia and Spotlight on sessions are not eligible for external CPD and are intended for a healthcare professional audience in the UK.

**Hybrid meeting****START****Trainees Meeting**

10.00	<b>Opening of the Trainees Meeting</b>
<b>Morning Session</b>	
10.00 - 12.15	<p>10.00 <b>Reflective practice</b> Dr William Backen, Consultant Orthogeriatrician, Hywel Dda University Health Board</p> <p>10.45 <b>Bone Health</b> Dr William Backen, Consultant Orthogeriatrician, Hywel Dda University Health Board</p> <p>11.30 <b>Curriculum update for GIM for Trainees</b> Dr Naushad Junglee, Consultant in Acute Medicine and Nephrology, Health Education and Improvement Wales (HEIW)/Addysg a Gwella Iechyd Cymru (AaGIC)</p>
12.15	<b>Lunch time</b>
<b>Afternoon Session</b>	
13.00 - 15.00	<p>13.00 <b>Vestibular disorders and practical demo on Epley manoeuvre</b> Mr Ameeth Sanu, Ear, Nose and Throat (ENT) consultant surgeon. Swansea Bay University Health Board.</p> <p>14.00 <b>Falls and the new world Falls Guidance</b> Dr Nicky Leopold, Consultant Geriatrician, Singleton hospital</p> <p>15.00 Finish</p>
15.15-16.00	<b>Welsh Council Committee Meeting</b>

**START****Trainers Meeting**

16.00	<p><b>Geriatric Medicine Curriculum Training update from August 2022 and its impact and implications for trainees and trainers.</b> Dr Nicky Leopold, Consultant Geriatrician, Singleton hospital Dr Rhian Morse, Consultant Physician Geriatric and General Medicine, University Hospital Wales - Cardiff and Vale University Health Board</p> <p>16.30 <b>GIM Training update for Trainers</b> Dr Biju Mohamed, Consultant Geriatrician, Cardiff &amp; Vale University Health Board Dr John Butler, Consultant Geriatrician, Cardiff and Vale UHB</p>
18.30 - 22.30	<p><b>John Pathy Centenary Memorial Dinner.</b> 18.30 Drinks and Speeches 19.30 Dinner</p>

**Hybrid meeting**

START	Opening address
09.00	Opening words from BGS Wales Chair
09.00 - 10.45 Palliative Care	<p><b>Session 1</b></p> <p>09.15 <b>Advanced care planning and end of life in muslim population</b> Dr Kasim Ramzan, General Practitioner, Wellspring Medical Centre. Founding member of Muslim Doctors Cymru</p> <p>10.00 <b>Palliative care paramedics</b> Dr Gwen Davies, Palliative Care Consultant and Clinical Lead, Swansea Bay University Health Board and Amy Bartlett, Specialist palliative care paramedic, Welsh Ambulance Service Trust and Swansea Bay University Health Board</p>
10.45	Free time
11.15 - 12.30 Law and ethics	<p><b>Session 2</b></p> <p>11.15 <b>Open justice in the Court of Protection</b> Dr Claire Martin, clinical psychologist, Gateshead (Remote)</p> <p>12.00 <b>Platform Presentations</b></p> <p>12.00 1876 <b>The use of games in geriatric medicine tutorial teaching</b> Megan Stross<sup>1</sup>; Angela Nelmes<sup>1</sup></p> <p>12.15 1921 <b>6 Goals for Urgent and Emergency Care- Pharmacist and Geriatrician consultant Polypharmacy medication reviews in care homes</b> H Price; M Lawson; L Collins; M Bazzoun; Q Ul-Ain-Qamar; M Marnell; D Burberry; K James</p>
12.30 - 13.30	Lunch
13.00	<p><b>Sponsored Symposium: Sponsored by Daiichi Sankyo</b></p> <p><b>A stepwise approach to lipid management. What more can we do in Primary Care?</b> Dr Vasim Farooq, Consultant Interventional Cardiologist. University Hospital of Wales, Cardiff</p>

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**Hybrid meeting****START****Resume from sponsored symposium**

Updates on

**13.30- 15.30**

13:30 **Platform presentations**  
 13.30 Abstract 1961 **An evaluation of the environmental impact of a stroke ESD Service and the potential impact of introducing an electric vehicle.**  
 S Hira1; A Walters2; C LLoyd2; S White1.

13.45 Abstract 1920 **A Quality Improvement Project to incorporate routine Bone Health assessment into a Parkinson's Clinic**  
 A Kitson1; H Ali1; S Page2; B Mohamed2

14.00 **Diabetes in the older adult**  
 Dr Richard Chudleigh, Consultant physician and diabetologist, Singleton Hospital

14.45 **Skin and the older adult**  
 Dr Avad Mughal, Consultant in Dermatology, Cutaneous Allergy and Biologics, Swansea Bay University Health Board

**15.30****Free time**

**15.45-16.45**

15:45 **Platform presentations**  
 15.45 Abstract 1925 **A novel approach to frailty screening in Emergency Departments: Self-Assessment of Frailty in Emergency Settings Tool (SAFE-T)**  
 S E Wells1; L C Rozier1; N Sweiry2; M Stross1; S Lewis1

16.00 Abstract 1926 **"Polyclinics" - a concept of multiple clinic attendance**  
 Megan Stross; James Laraman; Aysha Begum; Mithra Punniamoorthy

16.15 Abstract 1914 **Comparative assessment and cardiovascular risk stratification in a Latin cohort of geriatric patients with hypothyroidism**  
 Dulcey L1; Theran J2; Esteban L2; Caltagirone R3; Gomez J1; Amaya M1; Ciliberti M1; Blanco C1; Martinez J1; Mayorca J1; Parales R1; Cabrera V1; Cala M1; Laura Gutierrez1; Catalina Herran1; Lizcano A1; Gutierrez E1; Vargas J1.

16.30 Abstract 1836 **Role of oximetry as an alternative prognostic index in the CURB65 in a cohort of elderly patients in South America.**  
 Dulcey L1; Theran J2; Caltagirone R3; Gomez J1; Ciliberti M1; Blanco C1; Martinez J1; Mayorca J1; Parales R1; Cabrera V1; Cala M1; L Gutierrez1; C Herran1

**Closing address****16.45****Closing words from BGS Wales Chair**

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in improving healthcare  
for older people

## Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

## This includes

**Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers**

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...and much more!



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