

Autumn Meeting

6-8 November 2019
The Curve, Leicester

Helpful hints:

Scan your badge

You must scan your badge each day of the meeting to be marked as attended. You will receive a CPD certificate for the days you have scanned it only. Attendance cannot be registered post-event so ensure you scan each day at the registration desk.

CPD Codes:

- **Wednesday** Code 128616 - 6 hours
- **Thursday** Code 128617 - 6 hours
- **Friday** Code 128618 - 6 hours

Give feedback

You have been emailed a link to complete the feedback form with the joining instructions. Please take the time to fill it in each day. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

Visit our sponsors

Challenge yourself - Please spend 5 minutes during the next 3 days to speak to a sponsor.

Contribute

All delegates are encouraged to raise their hands during the Q&As and to prepare questions for the discussions. For the tech savvy, use Sli.do #BGSAut19 or tweet @GeriSoc using #BGSconf.

Get Social

Make the conference an opportunity to meet with colleagues in an informal setting, network at our meet up points in the exhibition area, and join one of our social activities: join the organised run, attend our evening reception, and participate in the Fringe.

Conference programme

Wednesday, 6 November 2019

08.15 **Registration**, Ground floor foyer

09.00 **Presidential address**, Venue: Theatre


09.30 – 11.00	<p>Community geriatric medicine</p> <p>Long term plan into practice</p> <p>Chair: Dr Shelagh O’Riordan</p> <p>Venue: Studio</p>	<p>Frailty and urgent care of older people</p> <p>Current state of frailty in Europe</p> <p>Chairs: Prof Zoe Wyrko and Dr Stephen Lim</p> <p>Venue: Theatre</p>
	<p>09:30 NHS long term plan Martin Vernon, Consultant geriatrician, Manchester Royal Infirmary and clinical advisor to Ageing Well programme, NHS England/Improvement</p> <p>10.00 Discussion</p> <p>10:30 Enhanced healthcare in care homes Dr Jane Halpin, General practitioner, Sunderland</p>	<p>09.30 Urgent care of frail older people – what is the situation in Europe? Prof Bianca Buurman-van Es, Professor of acute geriatric care, University of Amsterdam Faculty of Medicine</p> <p>10.00 Thinking about general medicine in small and medium-sized hospitals Dr Louella Vaughan, Senior clinical fellow, Nuffield Trust</p> <p>10.30 Abstract: To what extent are patients’ future care preferences shared between secondary and primary care? A retrospective chart review Sarah Hopkins</p> <p>10.45 Abstract: Relocation in care homes (RICH) study: the experience of different stakeholders Sophie Baron</p>

11.00 **Refreshment break**, Exhibition area

11.30 – 13.00	<p>Community geriatric medicine</p> <p>AGILE Rehabilitation for older people living with frailty across care settings</p> <p>Chair: Ms Vicky Johnston</p> <p>Venue: Studio</p>	<p>Frailty and urgent care of older people</p> <p>Evidence base and quality improvement outcomes</p> <p>Chair: Dr Matt Thomas and Dr Suzy Hope</p> <p>Venue: Theatre</p>
	<p>11.30 The role of paramedics in identifying and managing older people with frailty Mr Jonathan Green, Lecturer in paramedic science, University of Plymouth</p> <p>11.50 The holistic assessment and care planning in partnership intervention study: a feasibility randomised controlled trial Ms Helen Lyndon, NIHR Clinical doctoral research fellow and nurse consultant older people, University of Plymouth</p> <p>12.10 Rehabilitation potential and frailty revisited Ms Alison Cowley, Clinical doctoral research fellow and senior physiotherapist, Nottingham University Hospitals NHS Trust</p> <p>12.30 Promoting independence in hospitalised people with frailty and dementia Ms Lisa Patrick, Clinical doctoral research fellow and occupational therapist, University of Nottingham</p>	<p>11.30 Evidence based approaches to ambulatory care for frail older people Prof Daniel Lasserson, Professor of ambulatory care, University of Birmingham</p> <p>12.00 Quality improvement methods in urgent care for frail older people Dr David Hunt, Clinical director for medicine for older people, Western Sussex Hospitals NHS Foundation Trust</p> <p>12.30 Abstract: Effects of community falls prevention service closure on ICD-10 coded fracture rates in older people: an interrupted time series approach Andrew McCarthy</p> <p>12.45 Abstract: A review of reviews of emergency department interventions for older people: outcomes, costs and implementation factors James van Oppen</p>

Conference programme

Wednesday, 6 November 2019

13.00 -	Sponsored symposium	
14.00	<p>Ferring Pharmaceuticals: The role of the MDT in the effective management of Nocturia Why we need sleep in reference to nocturia and frailty Dr Susie Orme, Consultant in elderly medicine, Barnsley Hospital</p> <p>The challenge in primary care Dr Julian Spinks, General practitioner, Medway</p> <p>Nocturia: A practical management approach Dr Sanjay Suman, Clinical director, elderly care and stroke, Medway Maritime Hospital</p> <p>Venue: Studio Lunch will be provided in the room for the symposium's attendees</p>	

13.00 **Lunch**, Exhibition area

14.00 -	Community geriatric medicine	Frailty and urgent care of older people
15.00	Developing integration between PCNs and community providers- a road map Organised by GeriGPs Chairs: Dr Maggie Keeble and Ms Emma Matthews Venue: Studio	Service delivery case studies from across UK Chair: Dr Chris Dyer Venue: Theatre
	<p>14.00 Primary care networks Dr Karen Kirkham, National clinical advisor primary care NHSE, NHS Dorset Clinical Commissioning Group</p> <p>14.20 PCNs – Addressing frailty with an MDT Dr Vanessa Short, GP partner, Newton Place Surgery and clinical research fellow, University of Kent and Mr Martin Rayner, pharmacist, Canterbury South Primary care network</p> <p>14.40 The quest for a shared CGA, on a shared IT solution, across providers: navigating GDPR and data sharing Dr David Attwood, GP, Old Farm Surgery</p>	<p>14.00 Acute frailty and cross boundary care - Wirral's Perspective Dr Cindy Chu, Consultant geriatrician, Wirral University Teaching Hospital NHS Foundation Trust</p> <p>14.30 The New Forest Frailty Support Team- managing people with decompensating frailty at home: challenges and successes Ms Esther Clift, Consultant practitioner in frailty, Southern Health NHS Foundation Trust and Dr Charlie Besley, GP and associate specialist in palliative medicine, Waterside Health Centre and Oakhaven Hospice</p>

15.00 **Refreshment break**, Exhibition area

15.30 -	Community geriatric medicine	Frailty and urgent care of older people
16.30	Case studies Chair: Dr Sarah Gowing Venue: Studio	Service delivery case studies from across UK Chair: Ms Esther Clift Venue: Theatre
	<p>15.30 Admission avoidance: case studies from West Kent Urgent Care Home treatment service Dr Amy Heskett, Community trust associate specialist, Kent Community Health NHS Foundation Trust and Dr Johanna Price, Associate specialist, West Kent Urgent Care Home Treatment Service</p> <p>15.50 Sexual health in older adults Dr Jessie Colquhoun, GP trainee, Hilly Fields Surgery</p> <p>16.10 Community geriatrics trainee survey 2019 - the results Dr Sarah Gowing, SpR geriatrics, Solent NHS Trust</p>	<p>15.30 Establishing a geriatric emergency medicine service (GEMS) at Weston General Hospital Dr Rachael Morris-Smith, Associate specialist acute frailty and clinical lead frailty service, Weston General Hospital</p> <p>16.00 Panel discussion Submit your question via Sli.do #BGSAut19</p>

Conference programme

Wednesday, 6 November 2019

16.30 -	Sponsored symposium	
17.30	<p>UCB Pharma: Older patients at high risk of fragility fracture: Can we do more? Can we do more to assess risk? Prof Tahir Masud, President of the British Geriatrics Society, Consultant Physician and Professor, Nottingham University Hospitals NHS Trust, UK</p> <p>Can we collaborate more effectively to reduce risk? Prof Opinder Sahota, Professor of Ortho-Geriatric Medicine and Consultant Physician, Nottingham University Hospitals NHS Trust, UK</p> <p>Venue: Studio</p>	

Conference programme

Thursday, 7 November 2019

- 07.15 **Social run**, Meet at the registration desk for a social 5km run
- 07.45 **Registration**, Ground floor foyer
- 08.00 **Policy breakfast**, Venue: Rehearsal room 5

09.00 -	Session A	Session B
10.30	NELA emergency laparotomy Chairs: Prof Neil Pendleton Venue: Theatre	Research platforms Chair: Prof Adam Gordon Venue: Studio
	<p>09.00 Emergency laparotomy and the older patient: lessons from NELA Dr Sarah Hare, Consultant anaesthetist and national clinical lead, NELA, Royal College of Anaesthetists</p> <p>09.30 Establishing geriatric perioperative care services: the Oxford experience Dr Shvaita Ralhan, Consultant in geriatrics and perioperative care, Oxford University Hospitals NHS Foundation Trust and Dr Joanna Hardwick, Perioperative physician, John Radcliffe Hospital</p> <p>10.00 Prehabilitation in patients undergoing colorectal cancer surgery Prof Ismail Gögenur, Consultant Surgeon, Centre for Surgical science, Zealand University Hospital, Denmark</p>	<p>09.00 BGS Rising Star Award for Clinical Quality 2019 Making advance care planning an integral part of hospital practice Dr Anna Steel, Specialist registrar geriatric medicine and general internal medicine</p> <p>09.30 Abstract: A cross-sectional study assessing agreement between self-reported and general practice recorded health conditions among community dwelling older adults Matthew Hale</p> <p>09.45 Abstract: Oral sodium bicarbonate therapy for older patients with chronic kidney disease and low-grade acidosis: the bicarb randomised controlled trial Miles Witham</p> <p>10.00 Abstract: Circulating Vitamin D levels and Frailty in the British Regional Heart Study: cross sectional and prospective associations Ayesha Ahmed</p> <p>10.15 Abstract: Prevalence of sarcopenia in a longitudinal UK cohort study using EWGSOP2 criteria varies widely depending on which measures of muscle strength and performance are used Alixe Kilgour</p>

Fringe - see the programme for details


Conference programme

Thursday, 7 November 2019

10.30 Refreshment break and poster viewing, Exhibition area

10.30 Presidential poster round, Mezzanine

12.00 - 13.00	Session C Infections and sepsis Chair: Dr Mark Taylor Venue: Theatre	Session D Clinical quality Chairs: Mr Cliff Kilgore and Ms Jo Jennings Venue: Studio	Workshop 1 Cultural diversity at end of life Facilitator: Dr Anna Steel Venue: Rehearsal room 5	Trainees
	<p>12.00 What's new in sepsis? Dr Paul Morgan, Consultant intensivist, Cardiff and Vale University Local Health Board</p> <p>12.30 Abstract: Does time out of programme offer increased academic output: the South East London geriatrics training programme experience Felicity Woodward</p> <p>12.45 Abstract: Changes in muscle strength in older patients during hospitalisation: a prospective repeated measures cohort study Peter Hartley</p>	<p>12.00 Quality Improvement in practice: learning the skills and developing the art Dr Alison Cracknell, Consultant in elderly medicine, Leeds teaching Hospitals NHS Trust</p> <p>12.30 Abstract: Improving access to outpatient services for older people using a Clinical Microsystems approach Ellen Tullo</p> <p>12.45 Abstract: PDSA audit improves identification and management of urinary incontinence in post stroke patients D McErlean</p>	<p>Hear from religious leaders about the different end of life priorities that patients may have and discuss some challenging cases. This session will continue after lunch.</p> <p>Imam Yunus Dudhwala, Head of Chaplaincy, Barts Health NHS Trust; Ms Nila Madhava Das, Hindu priest, Watford Temple; Dr Sumanjit Gill, Consultant physician and senior teaching fellow, Royal Free NHS Trust and UCL; Dr Frazer Rosenberg, GP principal, The Surgery; Ms Roxana Pang, Head of Education, London Fo Guang Shan Temple; and Prof Robert George, Medical director, St Christopher's Hospice</p>	

13.00 - 14.00	<p>Sponsored symposium</p> <p>Gedeon Richter Building with biosimilars: Improving access for eligible osteoporosis patients to anabolic therapies</p> <p>Prof Mike Stone, Consultant physician and director of bone research, University Hospital Llandough and Inderjit Singh, Chief pharmacist, University Hospitals Birmingham NHS Foundation Trust</p> <p>Venue: Studio Lunch will be provided in the room for the symposium's attendees</p>	 <p>GEDEON RICHTER</p>
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13.00 Lunch, Exhibition area

14.00 - 15.00	Session E UK Association of Academic Geriatric Medicine (AAGM) Symposium Chairs: Prof Helen Roberts and Dr Natalie Cox Venue: Studio	Session F Health outcomes that matter to older people Chair: Dr Asan Akpan Venue: Theatre	Workshop 1 (continues) Cultural diversity at end of life Facilitator: Dr Anna Steel Venue: Rehearsal room 5	Trainees
	<p>Age and Ageing</p> <p>14.00 The Age and Ageing editorial fellowship and Twitter journal club Dr Peter Brock, ST7 Geriatrics, Newcastle-Upon-Tyne</p> <p>14.30 Age and Ageing highlights Prof Rowan Harwood, Professor of palliative and end of life care and honorary consultant geriatrician, University of Nottingham</p>	<p>Dr Asangaedem Akpan, Consultant geriatrician and honorary associate professor, Liverpool University Hospitals NHS Foundation Trust and University of Liverpool; Ms Enid Hoole, Retired assistant head teacher and patient research ambassador for older; Ms Justine Shenton, Sefton older people's forum coordinator; and Tom Gentry, Senior health and care policy manager, Age UK</p>	<p>Imam Yunus Dudhwala, Head of Chaplaincy, Barts Health NHS Trust; Ms Nila Madhava Das, Hindu priest, Watford Temple; Dr Sumanjit Gill, Consultant physician and senior teaching fellow, Royal Free NHS Trust and UCL; Dr Frazer Rosenberg, GP principal, The Surgery; Ms Roxana Pang, Head of Education, London Fo Guang Shan Temple; and Prof Robert George, Medical director, St Christopher's Hospice</p>	

Fringe - see the programme for details

Conference programme

Thursday, 7 November 2019

15.00 **Refreshment break**, Exhibition area

15.30 Guest Lecture

16.30 Reclaiming the role of the 'social' in the care and support of older people

Chair: Dr Jennifer Burns

Venue: Theatre

Prof Alisoun Milne, Professor of social gerontology and social work, University of Kent

16.30 Sponsored symposium

17.30 **Astellas Pharma UK Ltd**

A case-based exploration of real-life challenges in overactive bladder

Venue: Studio



18.30 **BGS Autumn meeting evening reception**

22.00 Venue: The City Rooms, Leicester

Prepaid tickets will be required.

You can purchase your tickets during registration or email registrations@bgs.org.uk if you are already registered.

Dress-code is smart casual

The conference evening reception will commence at 18.30 with a short drink reception. It will be followed by a light finger food buffet, entertainment, music, and dancing. The evening reception will provide attendees with opportunities to network with colleagues and friends in an informal and fun atmosphere. The interactive entertainment is designed to act as an icebreaker to encourage attendees to mingle and meet people.

Entertainment programme includes:

- **I Spy @GeriSoc** a meet and greet photo hunt
- **HCOP Speed dating** a networking activity bringing together healthcare professionals to share ideas and expand their networks of contacts and resources
- **Mini-golf and giant games room** for those seeking a challenge outside of the dance floor
- **Live jazz followed by a silent disco** will get guests up and moving

We encourage attendees to invite their partners and friends to attend as well. It is not designed as a 'geriatricians only' night.

Fringe - see the programme for details





The role of the **MDT** *in the effective management of Nocturia*

Lunchtime

6th November 2019

13.00 - 14.00

The Studio, The Curve

60 Rutland Street Leicester, LE1 1SB

Speakers

Dr Susie Orme

Consultant in Elderly Medicine
Barnsley Hospital



Dr Julian Spinks

General Practitioner, Medway, Kent



Dr Sanjay Suman

Clinical Director, Elderly Care and Stroke
Medway Maritime Hospital



Programme

13.00-13.15

**Why we need sleep in reference
to nocturia and frailty**

13.15-13.30

The Challenge in Primary Care

13.30-13.45

**Nocturia: A practical
management approach**

13.45-14.00

Plenary and Questions

This symposium is sponsored by Ferring Pharmaceuticals

Conference programme

Friday, 8 November 2019

08.15 **Registration**, Ground floor foyer

09.00 - 10.30	Session G	Trainees	Session H	Workshop 2
09.00 - 10.30	Tissue viability and dermatology Chairs: Dr Owen David and Ms Anna Chainey Venue: Studio		Deconditioning Chair: Dr Hui Sian Tay Venue: Theatre	Quality improvement Facilitator: Dr Jugdeep Dhesi Venue: Rehearsal room 5
	<p>09.00 Pressure ulcer risk assessment in older people: necessary or overdone? Ms Heidi Sandoz, Tissue viability services lead, Hertfordshire Community NHS Trust</p> <p>09.30 Leg ulceration Ms Marie Wilson, Tissue viability clinical nurse specialist, Bodmin Hospital</p> <p>10.00 Negative wound pressure therapy Mr Kumal Rajpaul, Assistant director of nursing and patient experience, Hounslow and Richmond Community Healthcare NHS Trust</p>		<p>09.00 Deconditioning syndrome- the what and why? Dr Amit Arora, Consultant Geriatrician and Associate Medical Director, University Hospital of North Midlands and Midlands Partnership Foundation Trust</p> <p>09.25 End PJP paralysis- what is that and why is it important Mrs Ann-Marie Riley, Deputy Chief Nurse, Nottingham University Hospitals</p> <p>09.50 Last 1000 days Mr Pete Gordon, Senior Improvement Manager, Emergency Care Improvement Support Team</p> <p>10.15 Q&A's</p>	<p>This workshop is designed to support attendees to develop their understanding of the processes involved in quality improvement and seek one to one advice on furthering a project they are working on.</p> <p>You will need to have an existing piece of QI work to bring with you and discuss to participate in the workshop.</p> <p>We aim to discuss the nature and purpose of quality improvement, the stages of QI methodology, and the steps for ensuring effective QI supervision. We encourage all grades who wish to improve their practice in improving quality.</p>

10.30 **Refreshment break**, Exhibition area

11.00 - 12.30	Session I	Session J	Trainees session	Trainees
11.00 - 12.30	GI issues in older people Chair: Mr Cliff Kilgore Venue: Theatre	How to live well with chronic disease Chair: Dr Yvonne Morrissey Venue: Studio	Venue: Rehearsal room 5	
	<p>11.00 How to interpret LFT in older people and its management Dr Stephen Ryder, Consultant physician in hepatology and gastroenterology, Nottingham Digestive Diseases Centre and NIHR Biomedical Research Centre</p> <p>11.30 Does your patient really have IBS? Dr Jervoise Andreyev, Consultant gastroenterologist, Lincoln County Hospital</p> <p>12.00 Causes and management of diarrhoea Dr Sudarshan Kadri, Consultant in luminal gastroenterology and EUS, Leicester Royal Infirmary</p>	<p>11.00 How to live well with CKD Dr Simon Fraser, Associate professor of public health, Southampton General Hospital</p> <p>11.30 How to live well with heart failure Dr Shahbaz Roshanzamir, Consultant physician and geriatrician, Guys & St Thomas' Hospital</p> <p>12.00 Managing chronic arthritis for the geriatrician Dr Helen Wilson, Consultant orthogeriatrician, Royal Surrey County Hospital</p>	<p>This session is organised by the Trainees' Council for those in training grades. All registrars, clinical fellows, IMT/CMT and foundation year doctors are invited to attend.</p> <p>11.00 The journey from quality improvement to implementation science – how do they relate? Dr Emily Jasper, Research registrar, Guy's and St Thomas' NHS Trust</p> <p>11.30 Geriatric trainee experiences of working less than full time - Results of a national survey Dr Kiri West, ST6, Aintree University Hospital</p> <p>12.00 Trainees' council update Dr Stephen Lim, Clinical lecturer in Geriatric Medicine, University of Southampton</p>	

Conference programme

Friday, 8 November 2019

12.30 - 13.15 Trevor Howell Guest Lecture:
Medical assistance in dying for older people: the experience and challenges in Belgium
Chair: Prof Tahir Masud
Venue: Theatre
Prof Nele Van Den Noortgate, Head of the geriatric department, University Hospital Ghent and senior lecturer in geriatric medicine, Ghent University

13.15 **BGS AGM**
Venue: Theatre
We encourage all BGS members to attend

13.30 - 14.30 Sponsored symposium
Profile Pharma
Complexities, conundrums and courage
Venue: Studio
Lunch will be provided in the room for the symposium's attendees

Profile
A subsidiary of
Zambon SpA

13.30 **Nurses and AHP council meeting**
Venue: Rehearsal room 5
Open to all BGS members of the Nurses and AHP council. Attendees should collect their lunch at the general catering points before joining the council meeting

13.30 **Lunch**, Exhibition area

14.30 - 16.30 Session K
Old age psychiatry
Chair: Dr Rob Wears
Venue: Studio

14.30 How to handle the complex mental health of a frail older patient
Dr Jayati Das-Munshi, Clinician scientist fellow, senior lecturer, and honorary consultant psychiatrist, King's College London

15.00 How to do joint training for old age psychiatrists and geriatricians
Dr Rob Wears, Consultant Geriatrician, University Hospitals of Birmingham NHS Foundation Trust; Dr Carly Welch, ST6 Geriatric Medicine, University of Birmingham; Dr Ayesha Bangash, Consultant psychiatrist, South West Yorkshire Partnership NHS Foundation Trust; and Dr Victor Aziz, Consultant in old age psychiatry, Devon Partnership NHS Trust

16.30 **Close of meeting**



Fringe 2019

The Fringe will take place in the exhibition area (Mezzanine level) on 7th November

All curious minds welcomed

Sessions



10.00 - 10.30 and 12.45-13.15 The Mind's Eye
Contour drawing workshop with Emma Barnard RA, artist-in-residence working in medicine and medical education



11.30-12.15 Endgame: The Story of the Movie Actors, Samuel Beckett and Parkinson's Disease
Talk by Dr Liz Barry, University of Warwick

12.30-12.45 The old favourite: Flash Choir!



13.15-14.00 and 16.30-17.15 Slam poetry!
Poetry workshop with performance poet and creative writing lecturer Jack McGowan



14.00-14.30 Book group: Margaret Atwood, 'Torching the Dusties' a dystopian short story about older age
[Download the PDF](#) and [read the story in advance](#)



14.30-15.15 The Life: Moving
Michele Aaron, screening and talk on The Life: Moving, a film-making project with residents at the John Taylor Hospice, Erdington (and uses in medical training)

Continuous

Wrinkles

An installation of clips from Wrinkles by Rishi Patel, an animation on the subject of dementia, and a chance for delegates to respond.

Cinemedicine

Storyboards displaying films used in geriatric medical teaching, and a chance for delegates to respond.

Sundries

Freya Verlander, a graphic artist, will record and turn your feedback on Meeting and Fringe into graphic art!

3D Feelings

Tell us how you are feeling with kinetic modelling exercises.

Conference detox

Stress relief activities, adult colouring with medical themes!

Display



Art and Medicine exhibit

Images of art projects by Emma Barnard with and about doctors: hidden symptoms, patient experience, patients' roles



Wholly Frail: Cartoons on geriatric medicine
Henry Woodford

JOIN US AT OUR SYMPOSIUM TO ENGAGE IN ...

A case-based exploration of real-life challenges in overactive bladder

Dr Ash Patel

Consultant Geriatrician and General Practitioner
Leicester Royal Infirmary

TIME	SESSION
16:30	Introduction
16:35	What are the challenges around overactive bladder in elderly patients?
16:40	Case study 1 Management of poor persistence in the elderly
17:00	Case study 2 Management of comorbidities in the elderly
17:20	Audience Q&A and Close

**British Geriatrics Society
Autumn Meeting 2019**

Thursday, 07 November 2019
16:30 – 17:30

**The Studio
Curve Theatre
60 Rutland St
Leicester LE1 1SB**

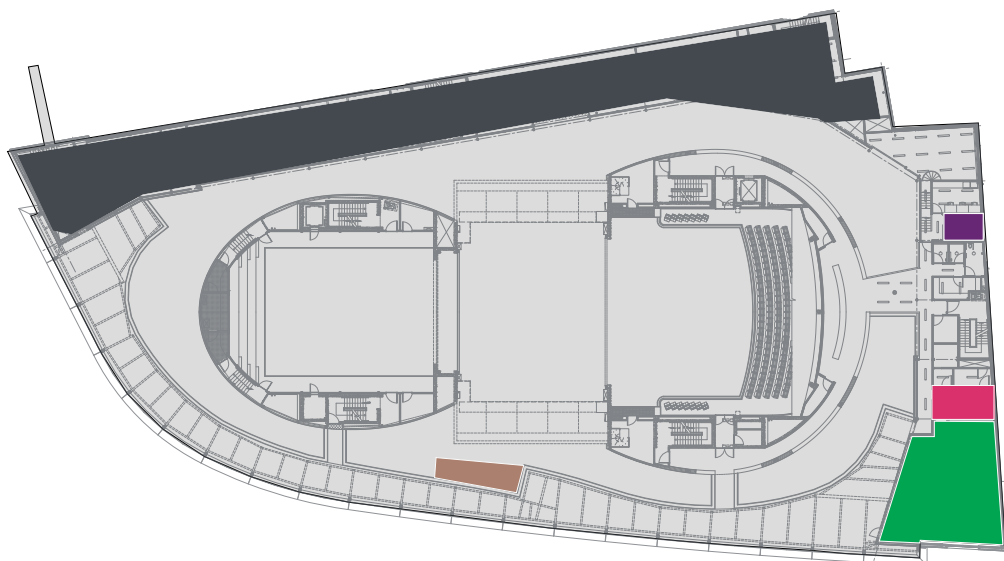
Floor plan



Ground Floor

Floorplan Key

- Studio
- Stage
- Theatre
- Toilets
- Stairs
- Fire escape
- Exhibition stands
- Posters
- Refreshment



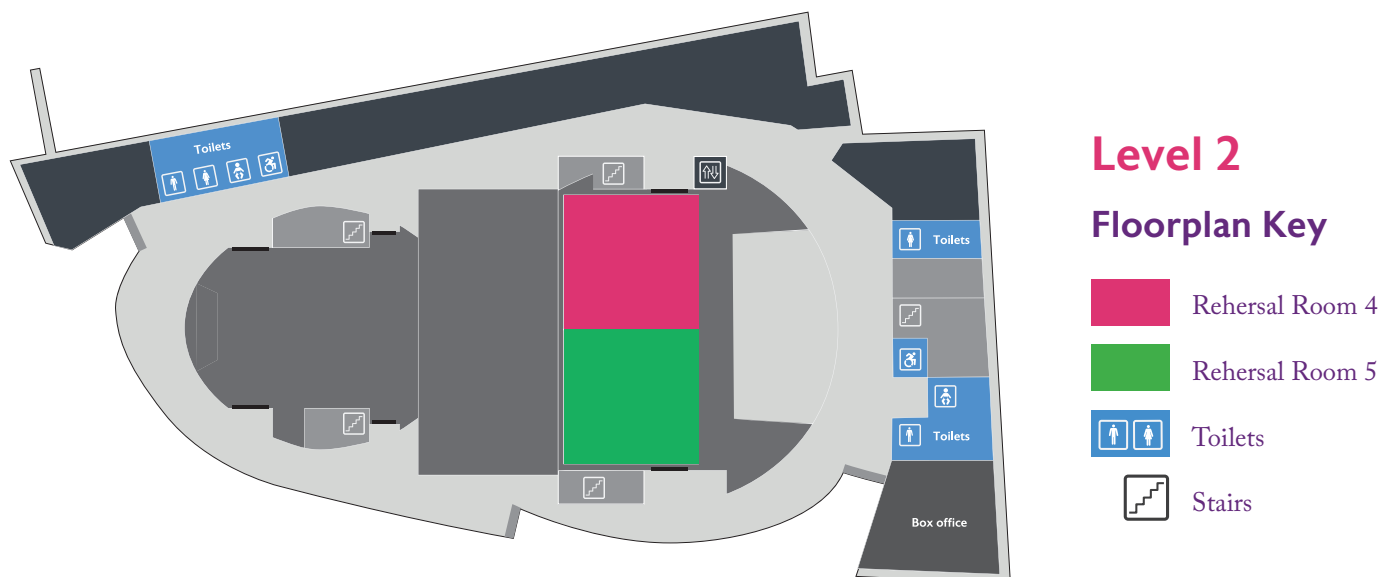
Mezzanine Level

Floorplan Key

- Speaker preview
- Presidential Poster
- Breastfeeding Room
- Rehearsal Room 3, Family Friendly Area, Prayer Room and First Aid room

The Fringe will take place on the mezzanine level

Floor plan



Ancillary meetings

Wednesday, 6 Nov	Meeting	Location	Notes
08.15-16.30	Speakers preview	Boardroom 1	Speakers and platforms presenters only
08.30-9.00	Chairs' briefing	Rehearsal room 4	Chairs only
14.00-17.00	MDTea podcast research	Rehearsal room 5	All welcome - RSVP on registration
16.30-17.30	GeriGPs committee meeting	Rehearsal room 4	By invitation
Thursday, 7 Nov	Meeting	Location	Notes
08.15-17.00	Speakers preview	Boardroom 1	Speakers and platforms presenters only
08.30-09.00	Chairs' briefing	Rehearsal room 4	Chairs only
08.00-08.45	Policy breakfast	Rehearsal room 5	All welcome
08.00-08.30	Poster assessor meeting	Rehearsal room 4	Poster assessor only
15.00-15.30	Optimising medicine SIG meeting	Rehearsal room 4	By invitation only
17.00-18.00	AAGM Committee meeting	Rehearsal room 4	By invitation only
Friday, 8 Nov	Meeting	Location	Notes
08.15-16.00	Speakers preview	Boardroom 1	Speakers and platforms presenters only
08.30-09.00	Chairs' briefing	Rehearsal room 4	Chairs only
14.00-16.00	BGS meeting committee	Rehearsal room 4	By invitation only



EXTENDING CHOICE

CONNECTING EXPERTS IN PD

SYMPOSIUM

Complexities, conundrums and courage

This symposium will explore the practical considerations when managing complex Parkinson's Disease patients and the therapeutic options available, looking at how currently available treatments can be used in the right patients at the right time to optimise outcomes.

FRIDAY 8TH NOVEMBER 2019

Studio, The Curve, 13:30-14:30



SPEAKER:
Dr Emily Henderson

Academic Consultant Geriatrician, Royal United Hospitals Bath and Honorary Consultant Senior Lecturer, University of Bristol

XADAGO[®] (safinamide)

Prescribing Information

Xadago 50 and 100 mg film-coated tablets

Consult Summary of Product Characteristics before prescribing.

Legal Category: POM

Marketing Authorisation number and basic NHS cost: EU/1/14/984/003 and EU/1/14/984/008 £69 for 30 tablets.

Presentation: Each film-coated tablet contains safinamide methanesulfonate equivalent to 50 or 100mg safinamide.

Uses: Xadago is indicated for the treatment of adult patients with idiopathic Parkinson's disease (PD) as add-on therapy to a stable dose of levodopa (L-dopa) alone or in combination with other PD medicinal products in mid-to late-stage fluctuating patients.

Dosage and administration:

Treatment with safinamide should be started at 50 mg per day. This daily dose may be increased to 100 mg/day on the basis of individual clinical need. If a dose is missed the next dose should be taken at the usual time the next day.

Method of administration:

Xadago is for oral administration. It should be taken with water. It may be taken with or without food.

Special populations:

Paediatric population: The safety and efficacy of safinamide in children and adolescents under 18 years of age have not been established.

Elderly: No change in dose is required for elderly patients. Experience of use of safinamide in patients over 75 years of age is limited.

Hepatic impairment: Caution should be exercised when initiating treatment with safinamide in patients with moderate hepatic impairment. The lower dose of 50 mg/day is recommended for patients with moderate hepatic impairment. It is contraindicated in severe hepatic impairment.

Renal impairment: No change in dose is required for patients with renal impairment.

Women of childbearing potential: Safinamide should not be given to women of childbearing potential unless adequate contraception is practiced.

Pregnancy: There are no or limited amount of data from the use of

safinamide in pregnant women. Xadago should not be given during pregnancy.

Breast-feeding: Available pharmacodynamic/toxicological data in animals have shown excretion of safinamide in milk. A risk for the breast-fed child cannot be excluded. Xadago should not be used during breast-feeding.

Contraindications:

Hypersensitivity to the active substance or to any of the excipients. Concomitant treatment with other monoamine oxidase (MAO) inhibitors or with pethidine. Xadago should not be used in patients with severe hepatic impairment nor in patients with albinism, retinal degeneration, uveitis, inherited retinopathy or severe progressive diabetic retinopathy.

Warnings and Precautions:

Xadago may be used with selective serotonin re-uptake inhibitors (SSRIs) at the lowest effective dose, with caution for serotonergic symptoms. The concomitant use of Xadago and fluoxetine or fluvoxamine should be avoided, or if concomitant treatment is necessary these medicinal products should be used at low doses. A washout period corresponding to 5 half-lives of the SSRI used previously should be considered prior to initiating treatment with Xadago.

At least 7 days must elapse between discontinuation of Xadago and initiation of treatment with MAO inhibitors or pethidine.

When safinamide is co-administered with products that are BCRP substrates, please refer to the SmPC for that particular medicinal product.

Impulse control disorders can occur in patients treated with dopamine agonists and/or dopaminergic treatments. Patients and carers should be made aware of the behavioural symptoms of ICDs that were observed in patients treated with MAO-inhibitors, including cases of compulsions, obsessive thoughts, pathological gambling, increased libido, hypersexuality, impulsive behaviour and compulsive spending or buying.

Safinamide used as an adjunct to levodopa may potentiate the side effects of levodopa, and pre-existing dyskinesia may be exacerbated, requiring a decrease of levodopa.

Somnolence and dizziness may occur during safinamide treatment, therefore patients should be cautioned about using hazardous machines, including motor vehicles, until they are reasonably certain that safinamide does not affect them adversely.

Interactions:

Safinamide must not be administered along with other MAO inhibitors (including moclobemide) as there may be a risk of non-selective MAO inhibition that may lead to a hypertensive crisis. Serious adverse reactions have been reported with the concomitant use of pethidine and MAO inhibitors. Concomitant administration of dextromethorphan or sympathomimetics such as ephedrine or pseudoephedrine, requires caution.

Serious adverse reactions have been reported with the concomitant use of selective serotonin reuptake inhibitors (SSRIs), serotonin norepinephrine reuptake inhibitors (SNRIs), tricyclic/tetracyclic antidepressants and MAO inhibitors. In view of the selective and reversible MAO-B inhibitory activity of safinamide, antidepressants may be administered but used at the lowest doses necessary. Safinamide may transiently inhibit BCRP, a weak interaction was observed with rosuvastatin. It is recommended to monitor patients when safinamide is taken with medicinal products that are BCRP substrates (e.g., rosuvastatin, pitavastatin, pravastatin, ciprofloxacin, methotrexate, topotecan, diclofenac or glyburide) and to refer to their SmPCs to determine if a dose adjustment is needed.

Side Effects:

Consult the summary of product characteristics for other side effects. Serious adverse reactions are known to occur with the concomitant use of SSRIs, SNRIs, tricyclic/tetracyclic antidepressants and MAO inhibitors, such as hypertensive crisis, neuroleptic malignant syndrome, serotonin syndrome, and hypotension.

Other serious adverse reactions include bronchopneumonia, pyoderma, basal cell carcinoma, leukopenia, cachexia, hyperkalaemia, delirium, suicidal ideation, Parkinson's disease, syncope, cataract, glaucoma, diabetic retinopathy, eye haemorrhage, papilloedema, arrhythmia, myocardial infarction, hypertensive crisis, peptic ulcer, upper gastrointestinal haemorrhage, hyperbilirubinaemia, ankylosing spondylitis, prolonged QT on ECG, and fat embolism.

Common undesirable effects include insomnia, dyskinesia, somnolence, dizziness, headache, Parkinson's Disease, cataract, orthostatic hypotension, nausea and fall.

Further information is available from:

Profile Pharma Ltd,
Bicentennial Building, Southern Gate,
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Email: info.profilepharma@ZambonGroup.com
Tel: +44 (0)800 0288 942

**Prescribing Information drawn up:
September 2019**

Adverse events should be reported.

Reporting forms and information can be found at www.mhra.gov.uk/yellowcard.

Adverse events should also be reported to Profile Pharma Ltd. at profile.drugsafety@ZambonGroup.com or telephone: +44 (0) 800 0288 942



BGS Autumn meeting 2019

Your Society, your conference, your voice

Contribute

All delegates are encouraged to raise their hands during the Q&As and to prepare questions for the discussions. For the tech savvy, use Sli.do #BGSAut19 or tweet @GeriSoc using #BGSconf.

Wednesday 6 November

14.00-17.00 MDTea Podcast Research, Rehearsal room 5

The MDTea podcast faculty are running focus groups to examine how podcasts can be used as an educational tool in professional learning. As technology enhanced learning methods become increasingly mainstream as a form of education, it is important that we also advance understanding of the educational validity and role it plays in post-graduate professional development. All members of the MDT are welcome.

To participate please contact thebearingaidpodcasts@gmail.com for a participant information sheet in advance.

Thursday 7 November

All-day Fringe, Mezzanine

Born from the question "could humanities help us resist the inhumanities of life in hospital?" the fringe explores how the humanities can positively impact on the working lives of geriatricians, the MDT and patients. The fringe will take place during scheduled breaks in the conference and will include inspiring displays, installations, sessions and activities addressing a wide variety of relevant topics. Make the most of this novel experience alongside the traditional educational content of the conference. It is meant as learning and sharing experience and is suitable for all curious minds.

13.00 - 14.00 Cultural diversity at end of life world cafe, Exhibition area

In complement to the workshop on Cultural diversity at end of life which provide the opportunity to hear from religious leaders about the different end of life priorities that patients may have and discuss some challenging cases, there will be the opportunity to meet the speakers in the exhibition space during the lunch break.

Get social

Make the conference an opportunity to meet with colleagues in an informal setting, network at our meet up points in the exhibition area, and join one of our social activities.

Meet up points

Daily in the exhibition area, you will have the opportunity to interact with people and groups who share your interest on specific topics via designated meet up points.

Topics and timings are displayed in the exhibition area and at the registration desk.

Wednesday 6 November

17.45 Walking tour, Ground floor foyer

Enjoy a relaxing and informative walk around Leicester. The tour will depart from the Curve and last around 90 minutes.

Limited spaces. Delegates who've indicated their interest to attend should meet the tour guides at 17.45 at the registration desk.

Thursday 7 November

07.30 Social run, Curve main entrance (by registration desk)

Give your mind and your body a challenge and join likeminded colleagues for this 5k run around Leicester. This is an opportunity to network with colleagues in an informal setting while exploring the area near the meeting's venue.

Indicate your interest to participate on your registration or by emailing conferences@bgs.org.uk if you have already registered for the meeting

18.30 Conference evening reception, The City Rooms

This year's evening reception has something for everyone - conference delegates and their friends and partners alike! We encourage attendees to invite their partners and friends to attend as well.

The conference evening reception will commence with a short drinks reception and will be followed by a light finger food buffet. It will provide attendees with opportunities to network with colleagues, family and friends in an informal and fun atmosphere. The interactive entertainment is designed to act as an icebreaker to encourage attendees to mingle and meet people.

Entertainment programme includes:

- **I Spy @Gerisoc** a meet and greet photo hunt
- **HCOP Speed dating** a networking activity bringing together healthcare professionals to share ideas and expand their networks of contacts and resources
- **Mini-golf and giant games room** for those seeking a challenge outside of the dance floor
- **Live jazz followed by a silent disco** will get guests up and moving

Prepaid tickets will be required. Ticket price includes 2 drinks per person and food (canapes and bowl food that will be served throughout the evening). The dress code is smart casual.

Influence

Thursday 7 November

08.00 Policy breakfast, Rehearsal room 5

Would you like to learn more about how BGS works to influence health and social care policy at a national level, or become involved in shaping it? Or do you have questions about how national policy impacts upon your work? Join us for breakfast to chat about all things policy! We will be discussing why and how we engage in policy and influencing activity, our key messages, and how you can become more involved, without any overly onerous commitments on your time.

Friday 8 November

13.15 BGS Annual General Meeting, Main Hall

The AGM is an important opportunity for members of the Society to vote on key resolutions and proposals, such as the membership fees structure for 2020 and the appointment of chief office bearers. This year we will be inviting members to approve the Society's three-year Strategic Plan. The meeting will take place at 1.15 on 8 November in the Main Hall. The AGM typically lasts for no more than 30 minutes and doesn't require participants to miss key conference sessions. Please support the business of the Society if you can by attending the meeting.

13.30 BGS Nurse and AHP council meeting, Rehearsal room 5

The Nurses and AHPs Council welcomes any nurses or AHPs to attend a lunchtime meeting to hear about the work of the council and meet with like-minded colleagues. There will be a short presentation followed by an opportunity to talk informally with other clinicians about the BGS's work and learn how you can become more involved with improving healthcare for older people.

Volunteer

Medical student

We are looking for volunteer medical students who are interested in or considering a career in geriatric medicine to assist in the daily running of our annual meetings. Responsibilities includes assisting with registration, greeting and directing attendees to key points, providing microphone support during Q&A sessions in presentations. The opportunity to observe the sessions and meet with geriatricians is invaluable when deciding whether to pursue geriatric medicine as a speciality. Benefits also includes contact with current Geriatric healthcare professionals and a certificate of contribution for a CV/portfolio. Interested candidates should visit www.bgs.org.uk for more details and list of events. Reasonable travel costs will be reimbursed and subsistence at the event is offered.

Fringe

Enjoyed taking part in the Fringe? Why not help organise the Fringe 2020 in London! We are looking for volunteers to form the next organising committee and continue the Fringe journey to 2020. You will be responsible for shaping a programme to appeal to our multidisciplinary audience from members' submissions based on the theme chosen by the Fringe organising committee. It is a great chance to take part in this fun experiment and bring your own flavour to it.

For more information or to register your interest, email j.gaudreau@bgs.org.uk



Older patients at high risk of fragility fracture: Can we do more?

Wednesday 6 November 2019, 16:30–17:30

Studio, Ground Floor, Curve Theatre, Leicester, UK

Let's come together to identify how we can take action to enhance post-fracture care for older people who are at high risk of subsequent fragility fractures.

Agenda

- 16:30–16:35** Welcome and introduction
Tahir Masud
-
- 16:35–17:00** Can we do more to assess risk?
Tahir Masud
-
- 17:00–17:25** Can we collaborate more effectively to reduce risk?
Opinder Sahota
-
- 17:25–17:30** Summary and close
Opinder Sahota

A UCB-sponsored satellite symposium

This symposium is only open to healthcare professionals who are registered for the BGS Autumn Meeting 2019



Tahir Masud

President of the British Geriatrics Society, Consultant Physician and Professor, Nottingham University Hospitals NHS Trust, UK



Opinder Sahota

Professor of Ortho-Geriatric Medicine and Consultant Physician, Nottingham University Hospitals NHS Trust, UK

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