

BGS Scotland Autumn Meeting 2019

Thu 21 - Fri 22 November 2019
Easterbrook Hall, Dumfries

Thursday 21st November 2019

18.30	Guest speaker: Dr Kathryn Mannix , author of "With the End in Mind"
19:15	Drinks reception
19.30	Conference dinner

Friday 22 November 2019

0900-0915 Welcome	
0915-0950	Dr Alex McDonald Older Adults and Critical Care
0950-1035	Dr Tom Levett HIV and Frailty
1035-1110	Abstract platform presentations
1110-1140 Coffee/posters	
1140-1225	Dr Katie Brennan Muscle and nerve disorders in older adults
1225-1310	Dr Ros Murray Functional neurological disorders and older adults
1310-1410 Lunch	
1410-1450	Dr Ian Smith Older adults and addictions
1450-1525	Dr Fraser Gibb Looking after older adults in rural settings
1525-1550	Dr Phyo Myint SCoOP update
1550-1600 Prizes/close	

CPD Accreditation: This meeting has applied for 6 CPD credits for Thursday 22nd November



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The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:



This meeting has been sponsored by these organisations who have paid exhibition stand fees. They have not been involved in, or influence over, the content of the rest of the meeting.

Visit www.bgs.org.uk/events for more information and to register

Speaker's biographies

Dr Katie Brennan

Katie Brennan is a neurologist with subspeciality interest in nerve and muscle disorders.

Tom Levett

I am a Senior Lecturer in Medicine and Frailty at Brighton and Sussex Medical School with a research interest in frailty, frailty education and HIV and ageing. I completed my PhD in HIV and ageing examining prevalence and predictors of frailty in older adults with HIV. Additionally, I am a Consultant Geriatrician at the Royal Sussex County Hospital, where I support our acute frailty service and Rapid Access Clinic for Older People.

Alex McDonald

I joined NHS Dumfries and Galloway 2 years ago as a new Consultant having trained in the South East of Scotland. I work primarily within Acute Medicine and contribute to the medical oncall rota but have fixed sessions (a week every 6 weeks) within Intensive and Critical Care at DGRI. I have specific interests not only in Critical Care, but also Non-Invasive Ventilatory Support, Pleural Procedures and both diagnostic and interventional Ultrasound. I am a Focused Acute Medicine Ultrasound (FAMUS) Supervisor and training in Focused ICU Echo (FICE). These are all interests that happily have significant crossover between AIM and ICU. Outwith DGRI work I am a BASICS First Responder and a member of the Moffat Mountain Rescue Team.

Dr Iain D. Smith

Dr Smith studied medicine at the University of Glasgow, 1976-1983 achieving a First-Class Honours B.Sc. in Animal Developmental Biology in 1980 and subsequently graduating M.B. Ch.B. in 1983. He entered psychiatry in 1984, passing the MRCPsych examination in 1988. From 1988-1992 he held the post of Lecturer in Psychological Medicine at the University of Glasgow medical school. He was a Consultant Psychiatrist at Gartnavel Royal Hospital in Glasgow, 1992-2019, and an Honorary Clinical Senior Lecturer,



University of Glasgow, since 1992 (ongoing). He specialises in the field of addiction psychiatry and is currently Chair of the Medical Council on Alcohol (UK) education committee. He is on the executive committee of the Alcohol and Drug History Society (International). He has interests in philosophy, the arts and history in relation to psychiatry and how these three perspectives can be integrated into psychiatric training. He graduated M.D. at University of Glasgow in 2018 on the basis of his thesis exploring the medical response to alcohol problems in Scotland from 1855 to 1925. He has published a wide range of articles in the fields of alcohol and drug studies and psychiatric history. He continues to work clinically as a locum addiction specialist in Stirling, Scotland having retired from his long-term post in Glasgow.

Prof Phyo Myint

Professor Myint completed undergraduate and house officer training in Myanmar (formerly Burma) and held post graduate clinical training posts in Yorkshire, East Kent, Mersey and Eastern Deaneries. He was awarded the Stroke Association Clinical Fellowship and received clinical stroke training in Addenbrooke's Hospital, Cambridge. He was trained in Clinical Epidemiology in Cambridge and Norwich, UK. He was conferred the Doctor of Medicine (MD) in 2007 with the Thesis "Healthy Ageing: Determinants and Outcomes of Functional Health in EPIC-Norfolk". His epidemiological work in stroke was cited as one of the research achievements of the Stroke Association funded research and his work in fruit & vegetable consumption and functional health was cited in the Alzheimer's Society's dementia awareness booklet which aimed at educating the general public.

He completed higher medical specialist training in March 2008 with accreditations in General Internal Medicine and Geriatric Medicine with sub-specialty in Stroke Medicine. He took up his first senior academic appointment with the Norwich Medical School, University of East Anglia in 2008 as Clinical Senior Lecturer in Ageing and Stroke Medicine. He moved to Scotland in August 2013 to take up the position of Clinical Chair in Medicine (Old Age) with the University of Aberdeen School of Medicine, Medical Sciences & Nutrition.

As a clinical academic, he is also a jobbing Geriatrician. He devotes 50% of time looking after older people in acute emergency setting, during subacute rehabilitation, and outpatient as well as in community settings. This involves working alongside multidisciplinary team members as well as liaising with general practitioners.

He has held many National Level Roles in the past including Executive Committee Member of the British Association of Stroke Physicians. He currently sits on the Council of the Scottish Intercollegiate Guidelines Network (SIGN) as the Royal College of Physicians London Representative and is also a member of the National Institute of Health Research (NIHR) Dementias Clinical Studies Portfolio Development Group. Professor Myint is the Lead Academic for the Clinical Academic Training & Development in North of Scotland. In this role, he oversees various schemes of the Aberdeen Clinical Academic Training (ACAT).

