

**British Geriatrics Society** Wales Autumn Meeting 2019  
 Improving healthcare Thu 05 - Fri 06 September 2019  
 for older people Oxwich Bay Hotel, Swansea

**Thu 05 September 2019**

10.30-12.30	<b>Presidents Meeting – Stroke Research</b> Room: main marquee	10.00	<b>Trainee’s Meeting</b> Room: chestnut lounge
1.30 Lunch			
14.30	<b>BGS Business Meeting</b> Room: main marquee	14.30	<b>Trainee’s Meeting continues</b> Room: chestnut lounge
16.30 Coffee			
<b>Special Interest Groups: parallel sessions</b>			
17.30	<b>Joint meeting of PD and Falls Groups</b> Room: chestnut lounge 17.30 Introduction, Brief update on Falls – Dr Karl Davis 17.45 Falls, Fractures and PD – Sri Aithal 18.15 Latest Updates form World Parks Conference – Dr Sandip Raha 18.35 Falls Audit, Open Forum		
17.30	<b>Stroke</b> Room: marquee welcome area Postgraduate medical training in Wales: Shape of Training. Dr Tom Lawson, Postgraduate Medical Dean in Health Education and Improvement Wales (HEIW), Consultant Rheumatologist, University Hospital of Wales		
<b>19.00 Drinks reception</b> Room: Chestnut Room Dr Clive Weston "Care for the Elderly Consultants - achieving fulfilment through medical practice"			
<b>19.30 Dinner</b> Room: Chestnut Room			

**Fri 06 September 2019** Room: main marquee all day

9.00	Registration
9.15	Chair’s Welcome & Wales Council update
9.45	Dr Nicky Leopold/Dr Rob Martin Debate. This house believes geriatricians should stick to their core business.
10.15	<i>Coffee Break &amp; Poster Viewing</i>
10.45	Lorraine Burgess Oncology and dementia
11.30	Dr Owen Nicholas Update on immunotherapy
12.15	<i>Lunch &amp; Poster Judging</i>
Afternoon Session	
13:15	Theresa Dowsing The role of the physicians associate in geriatrics.
14.00	Platform Presentations (4) 15 Minutes each
15.00	Coffee Break and poster Judging
15.30	Dr John Butler/Rhian Morse Being a better educational supervisor (CPD for ES applied)
16.30	Presentation of Prizes & Close of Meeting



CPD Accreditation: This meeting has applied for 2 CPD credits for Thursday 5<sup>th</sup> September and 5 CPD credits for Friday 6<sup>th</sup> September

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:



This meeting has been sponsored by these organisations who have paid exhibition stand fees. They have not been involved in, or influence over, the content of the rest of the meeting.

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## Speaker Biographies

### **Dr Tom Lawson, Postgraduate Medical Dean in Health Education and Improvement Wales (HEIW), Consultant Rheumatologist, University Hospital of Wales**

Dr Tom Lawson is Postgraduate Medical Dean in Health Education and Improvement Wales (HEIW), and a Consultant Rheumatologist in the University Hospital of Wales.

Dr Tom Lawson qualified from the University of Wales, College of Medicine, Cardiff in 1991. He trained in rheumatology in Wales and was awarded a CCT and PhD in 1999.

Tom took up a Consultant post in Abertawe Bro Morgannwg University Health Board in 2001 and was appointed as Consultant rheumatologist in Cardiff and Vale University Health Board in June 2017.

Tom is a Fellow of the Royal College of Physicians, London, an accredited Physician educator and regional adviser for training, leading on the implementation of the new internal medicine curriculum in Wales.

On 1st March 2017, Tom commenced the role of interim Postgraduate Deputy Dean, having been Head of Postgraduate School of Medicine since 2015. Previous roles include Deputy Head of School of Medicine, CMT Training Programme Director, Chair and TPD of rheumatology specialty training committee and chair of the Rheumatology Specialty Advisory Committee.

He will be speaking about postgraduate medical training in Wales, with particular reference to Shape of Training.

### **Dr Karl Davis, Consultant Geriatrician & HSL, University Hospital of Wales**

RCP (London). MB.BS. (Newcastle), DM (Notts). MSc Health Ageing & Disease (Cardiff)

Consultant Geriatrician & Physician and Foundation Program Director based at the University Hospital of Wales / Cardiff and Vale with lead responsibility for falls. He is also Honorary Senior Lecturer (Cardiff University), Chair of the Welsh BGS falls group and a Member of Public Health Wales Falls collaborative.

His undergraduate study was at Newcastle-upon-Tyne, Registrar training was undertaken in South Wales after he completed MD at the Derby Royal Infirmary / University of Nottingham.

Dr Davis will provide an update on relevant issues, policies and the National In Patient audit on Falls.

### **Dr Sandip Raha, Associate Specialist, Princess of Wales Hospital**

Sandip Raha is a care of elderly physician and movement disorder specialist for last 20 years in Bridgend. He conceptualised and developed Movement disorder and Parkinson's service in Bridgend and has been lead clinician in Wales in advising, improving, planning of Parkinson's service in South Wales over last 15 yrs. He in early 2000 initiated a special interest group in PD with local Neurologists and Geriatricians and this group has since amalgamated with PD excellence Network in South Wales and BGS Wales PD interest. Dr Raha's special interest in PD relates to Complex PD management, advance therapy and PD dementia. He has audited DBS referrals in South Wales and patient satisfaction in 2015.

My talk will update delegates about recent development in management of Parkinson's disease as gathered at Movement disorder Congress in Hong Kong and world Parkinson's congress in Kyoto.

### **Dr Owen Nicholas, ST7 Clinical Oncology/Research Fellow, South West Wales Cancer Centre**

Dr Owen Nicholas is a senior oncology trainee in the Wales Deanery with 5 year experience of managing the acute toxicities of cancer treatments in clinical practice. He is currently undertaking an MD in Swansea University with research focussing on the use of advanced radiotherapy techniques in upper GI cancers.

This will be an introduction to the use of immunotherapy in current oncology practice and a brief guide on the recognition and management of its acute toxicities.



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**Lorraine Burgess, Macmillan Dementia Nurse Consultant**

Lorraine is a dual qualified nurse who has worked within the field of gerontology and dementia for the past 40 years and now works in the unique role as Macmillan Dementia Nurse Consultant at the Christie NHS Foundation Trust in South Manchester where she provides support for patients and carers affected by cancer and co-existing dementia. She also delivers dementia education for Macmillan Professionals across the UK.

Lorraine has received several awards for her work and was given the prestigious title in 2014 of Nursing Times Nurse of the Year. In April 2015 she was awarded the Queen's Nurse title and in 2016 was in the finals of the International Dementia Leader awards. She is passionate about partnership working in order to influence person centred holistic care and supporting people with dementia and their carers.

**Teresa Dowsing, Acute Care of the Elderly Practitioner, George Eliot Hospital NHS Trust**

Teresa is an Acute Care of the Elderly Practitioner at George Eliot Hospital. She is clinical lead for the Frailty team, providing Comprehensive Geriatric Assessment for Frail older people at the 'front door'. Teresa trained as a Physician Associate, graduating from University of Birmingham Medical School in 2010. Teresa is also Past President of the Faculty of Physician Associates at the Royal College of Physicians.

Learning outcomes

This session will focus on the role of physician associates, specifically with regards geriatric medicine and the potential for expansion of the role, and within the role, across the UK.

**Dr John Butler, Consultant Geriatrician with Special Interest in Intermediate Care services, University Hospital Wales, Cardiff and Vale UHB**

Dr Butler graduated from NUIG, Galway, Ireland in 1996. He undertook specialty training in Wales and was appointed as a Consultant Geriatrician based at University Hospital Wales, Cardiff in 2005. He became the Training Programme Director for Geriatric Medicine in South Wales in 2007 and Associate Head of School of Medicine for the Wales Deanery in 2017. He has a particular interest in professionalising Educational and Clinical Supervision and supporting STCs with the delivery of Shape of Training changes. His Clinical interests are in developing and delivering Intermediate Care Services for older people alongside Managing Acute Frailty Syndromes in the Acute Hospital setting.

**Dr Rhian Morse, Consultant Physician Geriatric and General Medicine, University Hospital Wales, CARDIFF.**

Special interests - Continence, Frailty, Acute Front door Geriatric Medicine.  
STC Chair Geriatric Medicine Wales and Associate Head of School - Health Education Improvement Wales

