

# Improving Continence Care in Older People

21st September 2018  
Etc Venues, Manchester

This event is intended for clinicians and healthcare professionals working with older people in acute and community settings. The day will include keynote presentations from experts in continence care, workshops and plenary sessions demonstrating best practice approaches available. We hope you will make contacts and start collaborations which will continue on from this meeting.

## Topics include:

- Faecal Incontinence
- Constipation
- Current research into bladder and bowel health
- Workshops on continence equipment,
- How to run a continence clinic - patient assessment
- Service delivery

## Meeting aims:

- Further attendee's overall knowledge and understanding of best practice in continence care for older people
- Improve attendee's skills in the treatment and management of continence issues in older people
- Inspire attendees to achieve personnel excellence in continence care of older people
- Take away new activities and ideas to progress their workplace's services

The British Geriatrics Society acknowledges with grateful thanks, the support given through sponsorship from:

**KYOWA KIRIN**

Who have supported this event by purchasing exhibition stand space.

This meeting has been granted **6 credits CPD accreditation** from the **Royal College Of Physicians (RCP)**.

CPD Code: 121035

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# PROGRAMME

09.00 **Registration**

09.55 **Chair's introduction**

Vikky Morris, Consultant, Musgrove Park Hospital

## Session 1 - Faecal continence in older people

**10.00 Bowel problems in the Frail Older person**

Prof James Barrett, Consultant physician, Wirral Hospital and professor of healthcare of older people, Edge Hill University

10.00

11.30

**10.45 Surgical Management of Faecal incontinence in Older People**

Mr Paul Mackey, Consultant acute surgery and gastroenterology, Musgrove Park Hospital

**11.15 Discussion**

11.30 **Refreshments and posters**

## Session 2 - Research platforms

12.00

13.00

**Platform presentations from submitted abstracts**

13.00 **Lunch and posters**

## Session 3 - Workshops

30 minutes interactive session - delegates will attend all three workshops in rotation

**Workshop 1**

Continence products: what works best for who and why?

**Workshop 2**

Bowels therapy and equipment

**Workshop 3**

Bladders therapies and equipment

14.00

15.30

Prof Alan Cottenden, Emeritus professor of continence technology, UCL and Ms Margaret Macaulay, Senior research nurse continence technology), University of Southampton

Ms Siobainn Bathgate, Colorectal pelvic floor nurse specialist, St Helens and Knowsley Teaching Hospitals NHS Trust

Ms Claire Downes, Clinical lead for the obstetric, gynaecology, urology and colorectal physiotherapy team, St. Helens and Knowsley Hospitals NHS Trust

15.30 **Refreshments and posters**

## Session 4 - Next steps

Small scale sessions to run in parallel. Please indicate your session during registration

**Continence Clinic**

Assessment of a patient in a continence clinic

**Service Delivery**

Delivering continence services to frail older people

**Overview of how to assess older patients and deliver continence care**

**Advanced session exploring improving continence services for frail older people**

16.00

17.00

Dr Vikky Morris, Consultant, Musgrove Park Hospital and Mr Philip Tooze-Hobson, Consultant gynaecologist and honorary reader, University of Birmingham

Mr Dudley Robinson, Consultant urogynaecologist and honorary senior lecturer, Kings College Hospital; Dr Susie Orme, Consultant in elderly medicine, Barnsley Hospital and Dr Rhian Morse, Consultant physician geriatric and general medicine, Cardiff and Vale University Health Board

17.00 **End of conference**

# SPEAKERS BIOGRAPHIES

## Prof James Barrett

Prof James Barrett is a Consultant Physician, Wirral Hospital; and Professor of Healthcare of Older People, Liverpool John Moores University, British Geriatrics Society. His Special clinical interests are Stroke medicine, incontinence (especially bowels), memory loss, Parkinsons disease, rehabilitation, Alzheimers disease. His research interests are Incontinence, stroke, falls.

## Prof Alan Cottenden

Alan Cottenden's multi-disciplinary work on technology for managing incontinence has included fundamental and applied physical and life sciences research through to translational work and product design and development. He chairs of the organising committee for the biennial Incontinence: the Engineering Challenge conference series run in London by the Institution of Mechanical Engineers. He contributed to all six of the International Consultations on Incontinence, (co)leading the team providing the chapter summarising evidence-based evidence for selecting incontinence products and using them effectively, and he codirects the ICS-based website that seeks to make this same advice accessible to products users at ([www.continenceproductadvisor.org](http://www.continenceproductadvisor.org)).

## Ms Margaret Macaulay

Margaret Macaulay has been a urology nurse, clinical continence advisor and latterly a research nurse focussing on the development and delivery of continence management technologies. This includes evaluation of products and new product development, the provision of multi-media information for product users and HCPs, and tools for product selection. She is a member of the organising panel for the Institution of Mechanical Engineers conference, Incontinence: The Engineering Challenge, and is a member of the editorial team for the ICS-based website, the Continence Product Advisor ([www.continenceproductadvisor.org](http://www.continenceproductadvisor.org)) and more recently the Movember/PCUK-funded website (<https://www.continenceproductadvisor.org/advice/conditions/prostatecancer>).

## Ms Siobainn Bathgate

Siobainn Bathgate role within St Helens and Knowsley trust as a colorectal pelvic floor nurse specialist is an ever growing role. She works within a surgical team but when starting this role she realised that there were many other areas in the trust that we could branch out to. Her previous working experience was working on a care of the elderly ward and knew that bowel continence was an issue many patients having prolong stays in hospitals or issues with medication or products to assist with their problems. So started working with our frailty team within the trust. She regularly visit wards throughout the trust seeing a varied range of patients and hold three clinics a week to see new or follow up patients. She also try to educate staff and patients regarding, medication options, continence products, diet.

## Ms Claire Downes

Claire Downes have worked in the NHS for 25 years and specialising in in and out patient obstetrics, gynaecology, urology and colorectal conditions for over 15 years. Currently, she is the clinical lead for the services run at St Helens and Knowsley NHS Hospitals trust and have set up GP direct access and percutaneous tibial nerve services as well as becoming an established member of the Multi-Disciplinary Team. She also offer out-patient physiotherapy at Fairfield Independent Hospital, is a Member of the Chartered Society of Physiotherapy and an Associate Member of Pelvic Obstetric Gynaecology Physiotherapy special interest group.

## Dr Vikky Morris

Vikky qualified in London in 1999, and began a career in care of older people medicine and acute general medicine. Her training was based in London in both teaching hospitals and district general hospitals allowing a very broad experience in medical care. She developed a special interest in urinary incontinence (urinating unintentionally) and in 2010 had the opportunity to spend a year doing research in the USA. She is particularly interested in patients who have urinary incontinence combined with other medical problems such as Parkinson's disease, dementia, heart failure and stroke.

She joined Musgrove Park Hospital as a consultant in 2011 and really enjoy working on Wordsworth ward within the multi-disciplinary team at the hospital as well as the team at Dene Barton community Hospital. In addition to her general clinics, she runs a monthly continence clinic helping older patients which is based at Musgrove. She enjoys the holistic approach of older people care especially regarding acute admissions, falls and rehabilitation.

## Mr Philip Tooze-Hobson

Philip Tooze-Hobson is a Consultant Gynaecologist and Honorary Reader at the University of Birmingham. He is Former Clinical Director of Gynaecology & Director of Pelvic floor Medicine at Birmingham Women's Health Care NHS Foundation Trust

## Mr Dudley Robinson

Dudley Robinson trained at the Royal London Hospital qualifying in Medicine with MBBS in 1991. He was appointed as honorary senior lecturer at Kings College London in 2009 and as a fellow of the Royal College of Obstetricians and Gynaecologists in 2010. He is President of the Royal Society of Medicine Obstetrics and Gynaecology Section. He is also a member of the International Continence Society (ICS), British Society of Colposcopy and Cervical Pathology (BSCCP), UK Continence Society (UKCS), British Society of Urogynaecology (BSUG) and International Urogynaecology Association (IUGA) and European Urogynaecology Association (EUGA). He is the past Scientific Chair of IUGA, Research Committee Chair of BSUG, Treasurer of UKCS and a member of the Educational Committee in EUGA.

In addition he has an active role teaching both undergraduates and post graduates. He regularly gives invited lectures both nationally and internationally and is a section editor of the European Journal of Obstetrics and Gynaecology and Reproductive Biology and on the editorial board of the International Urogynaecology Journal. He has published over 120 peer review papers, 90 published abstracts and 37 book chapters. In addition he has co-authored two books on urinary incontinence.

## Dr Susy Orme

Susie Orme graduated with Honours from University of Nottingham in 1991. Whilst at Nottingham she developed an interest in Urinary incontinence. She has worked as a consultant geriatrician in Barnsley since 2000 and has an award winning continence service. She is an active member of the ICS, sat on clinical guidelines group for NICE and has published widely.

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Improving healthcare for older people

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# Autumn Meeting

14 - 16 November 2018, ExCel, London

BGS

### Wednesday focused sessions on:

- Intermediate care and community Geriatric Medicine; co-organised with AGILE
- Cardiovascular topics: Anaemia & Heart Failure

### Plenary sessions sessions on:

- Bereavement
- Movement Disorders
- Comprehensive Geriatric Assessment
- Rheumatology
- Perioperative Medicine
- Urodynamics



Joint session with AGILE [Chartered Physiotherapists working with older people]

Registration and programme at [bit.ly/BGSAUT18](http://bit.ly/BGSAUT18)