

First Northern Ireland Frailty Network Conference

9th October 2018

Mossley Mill, Newtownabbey

Meeting aims:

- Further attendees' overall knowledge and understanding of best practice in care for frail older people
- Improve attendees' skills in the treatment and care of frail older people
- Inspire attendees to achieve personnel excellence in healthcare of frail older people
- Take away new activities and ideas to progress attendees' workplaces' services

Topics include:

- National perspective on frailty
- Fit for Frailty – from policy to clinical practice
- Implementing complex change
- Workforce fit for the future
- Local case presentations

This meeting has been approved for **6 credits of CPD accreditation** from the **Royal College Of Physicians (RCP)**. Code: 121550

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Who should attend:

The meeting will be of benefit to all healthcare professionals interested in frailty or for those providing services used principally by older people. Additionally healthcare managers from primary care, hospital based services and the private sector wishing to develop and improve services for older people should attend.

- GPs and members of primary care multidisciplinary team including Practice Pharmacists, Advanced Nurse Practitioners, District Nurses
- Hospital based multidisciplinary teams: Geriatric Medicine, Acute Medicine and Emergency Medicine – doctors, physiotherapists, occupational therapists, social workers, pharmacists, nurses
- Community based multidisciplinary teams delivering services to older people
- Health care managers
- Private sector providers
- Voluntary sector organisations focused on the needs of an older population

This meeting has been endorsed by
Public Health Agency Northern Ireland



Three ways to register

Register online at <https://tinyurl.com/BGSNIFrailty18> or return the form back by email to registrations@bgs.org.uk or by post to British Geriatrics Society, Marjory Warren House, 31 St John's Square, London, EC1M 4DN

09.15 **Registration**

Session 1

10.00 Introduction and welcome
Dr Rosemary Kelly, Consultant geriatrician, South Eastern Trust

11.15 10.30 National perspective on frailty
Dr Graham Ellis, National clinical lead for older people & frailty and associate medical director, NHS Lanarkshire

11.15 **Comfort break**

Session 2

11.30 11.30 From Clinical Standard to Clinical Practice
Dr Gill Turner, Consultant geriatrician, Southern Health NHS and lead author of Fit for Frailty

13.00 12.15 Implementing complex change
Dr Anne Killgallen, Chief executive, Western Trust

13.00 **Lunch**

Session 3

13.45 13.45 Workforce fit for the future
Ms Esther Clift, Consultant Practitioner in Frailty, Southern Health NHSFT

15.10 14.30 Local case presentations
Dr Carmel Darcy, Consultant pharmacist, Western Trust; Dr Steven Todd, Consultant geriatrician, Western Trust; and MS Gretta Thompson, Community Social Worker, CLARE Project

15.10 **Comfort break**

Session 4

15.20 15.20 Local case presentations
Mr Ciaran McKenna, Clinical service improvement lead, NIAS; Dr Chris Leggett, Chairperson and GP Lead, Down Integrated Care Partnership; and Dr Rosemary Kelly, Consultant geriatrician, South Eastern Trust

16.30 16.00 What next for Frailty services in NI?
Ms Sandra Aitcheson, Nurse Consultant for older people and Ms Eleanor Ross, Assistant Director Nursing, Public Health Agency

16.30 **Close of meeting**

SPEAKERS BIOGRAPHIES

Dr Rosemary Kelly

Rosemary Kelly is a Consultant in Geriatric Medicine at the Lagan Valley Hospital in Lisburn.

Prof Graham Ellis

Professor Graham Ellis is a Geriatrician in Lanarkshire in Central Scotland and a clinician with the Hospital at Home service. He has a research interest in the organisation of acute services for older people. He was recently appointed as National Clinical Lead for Older People and Frailty in Healthcare Improvement Scotland. Currently he is working with national programmes around improving care for frailty in the community as well as a Frailty at the Front Door break-through series collaborative. He was recently appointed as Honorary Professor at Glasgow Caledonian

University within the department of Health and Life Sciences. He has published on Comprehensive Geriatric Assessment and is currently working on an NIHR funded multi-centre randomised controlled trial of Hospital at Home. He has previously worked in medical leadership as an Associate Medical Director for Older Peoples services in Lanarkshire. He has spoken widely at national and international conferences on the subject of older peoples care.

Dr Gillian Turner

Gillian Turner is a consultant physician in geriatric medicine, Southern Health NHS Foundation Trust. She is also vice president for clinical quality at the British Geriatrics Society, and lead author of "Fit for Frailty."

SPEAKERS BIOGRAPHIES

Dr Anne Killgallen

Dr Killgallen is a Consultant in Public Health Medicine. Prior to taking up post as Chief Executive of the Western Trust in August 2017, she worked as Deputy Chief Medical Officer with responsibility for population health policy in the Department of Health, Belfast. In 2013/14 Anne was funded by the Health Foundation and supported by the Western Trust to undertake a Quality Improvement Fellowship for one year based at the Institute for Healthcare Improvement in Boston, USA. She had the opportunity to study international healthcare systems that have successfully brought clinical leadership, improvement science and system thinking together to transform care. She has a particular interest in the use of IHI's Triple Aim framework as a means to improve outcomes at population level.

Ms Esther Clift

Esther Clift is a Consultant Practitioner Trainee in Frailty, and Vice Chair of the BGS nurses and AHP Council. She is undertaking a Doctorate in Clinical Practice at Southampton University on the uptake of exercise by older people.

Dr Carmel Darcy

In March 2012, Carmel was appointed as one of the first of two consultant pharmacist posts within NI. Since then she has implemented and evaluated innovative pharmacy models focusing on medicines optimisation for Older People. She currently sits as a member of the Joint Formulary Committee of the BNF, NI Regional Formulary Group, Parkinson's Expert Reference Group, Regional Inpatient Falls Prevention Group, Northern Ireland Frailty Network and is involved with research in the area of Dementia and medicines management. Carmel also works with education, regulatory and professional bodies to promote pharmacy development and is founder of the NI pharmacists working with Older People (NIPOP) Network. Prior to her fellowship, Anne served for 6 years as Medical Director in the Western Health and Social Care Trust. Anne has a Masters in Public Health from Harvard University (2016) and from University College Dublin (1995). She is a fellow of both the Faculty of Public Health (UK) and the Faculty of Public Health Medicine in Ireland, where she has served on the board.

Dr Stephen Todd

Dr Stephen Todd completed training in Geriatric and General (Internal) Medicine in 2008 and, following a post doctoral research programme at Queen's, was appointed Consultant Geriatrician to Altnagelvin Hospital in the Western Health and Social Care Trust in 2011. He is chair of the Western ICP Frail Elderly group and has been a member of the NI Frailty Network since its inception.

Ms Gretta Thompson

Gretta Thompson is the Community Social Worker with the CLARE Project, a community based organisation working with frail and isolated older people in North Belfast. She is a law graduate, has a Master's degree in Social Work and 20 years' experience in the

Social Work field including 5 years as a Senior Social Worker in Beaumont Hospital, Dublin and 10 years most recently as a Social worker in the Royal Victoria Hospital, Belfast. Gretta is committed to the promotion and value of the social work profession's role in community based early intervention and preventative work with older people.

Mr Ciaran McKenna

Ciaran is a paramedic who has been working for the ambulance service for 17 years. He started his career with the London Ambulance before returning to join the Northern Ireland Ambulance Service in 2013. Ciaran's role is predominantly around designing and implementing pathways which offer patients an alternative to attending the Emergency Department. With NIAS now attending an increasing number of patients over 65, Ciaran has been working with teams around NI to develop pathways to meet their needs.

Dr Chris Leggett

Dr Chris Leggett MB BCh FRCGP has been a practicing GP in Newcastle and Castlewellaan for over 20 years. He has a keen interest in medical education- he is a former Honary Secretary of the Royal College of General Practitioners in Northern Ireland and is a QUB GP Tutor, GP Trainer and GP Appraiser. As Chairman of Donard Commissioning Pilot, Chris developed his interest in HealthCare Commissioning and Improvement - service developments included the introduction of Diabetic Specialist Nurses based in Primary Care and Intermediate Care Beds in Local Nursing Homes as an alternative to hospital admission for frail elderly patients. He is currently GP Lead in Downe Integrated Care Partnership with a particular interest in Frail Elderly services, and Chairs the Downe Integrated Care Partnership Committee. Current projects include an ongoing pilot of strength and balance exercise programme for falls prevention based at his surgery in Castlewellaan, and development of Enhanced Care at Home as an alternative to hospital admission for frail elderly patients. He has used the Electronic Frailty Index to identify frail patients in his own practice for further assessment and intervention. Chris is married with four children- when not working he tries to play golf and tennis.

Ms Eleanor Ross

Eleanor Ross has led the Older People's programme for nursing in the Public Health Agency for the past eight years. She has 36 years nursing experience, the majority of which has been spent in older people's services across both acute and community settings. Her role includes leading a team of public health nurses with an emphasis on commissioning, service improvement and professional development. In 2016 Eleanor was awarded a MBE for her contribution to nursing and healthcare in Northern Ireland.

Ms Sandra Aitcheson

Ms Sandra Aitcheson, Nurse Consultant for older people and Ms Eleanor Ross, Assistant Director Nursing, Public Health Agency

British Geriatrics Society

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British Geriatrics Society
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Autumn Meeting

14 - 16 November 2018, ExCel, London



Wednesday focused sessions on:

- Intermediate care and community Geriatric Medicine;
- Cardiovascular topics: Anaemia & Heart Failure



Plenary sessions sessions on:

- Bereavement
- Movement Disorders
- Comprehensive Geriatric Assessment
- Rheumatology
- Perioperative Medicine
- Urodynamics



Joint session with AGILE
[Chartered Physiotherapists working with older people]

Registration and programme at <https://www.bgs.org.uk/events/autumn-meeting-2018>

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