

North West Thames Regional BGS Meeting

4th September 2019

Postgraduate Lecture Theatre, Chelsea and Westminster Hospital

Programme

12:30 – Lunch and registration

13:00- Ethics and law – Artificial nutrition and hydration at the end of life. Dr Shuli Levy

13:30 – Delirium and long-term cognitive outcomes: lessons from population studies. Dr Daniel Davis

14:15 –Geriatric syndromes: update on Sarcopenia. Dr Stephen Lim

14:45 – BREAK

15:00 – Geriatric syndromes: Why older people fall: update on orthostatic hypotension and autonomic dysregulation – Dr Frederick Vonberg

15:30 – Service development: update on Chelsea and Westminster Orthogeriatrics Model – Emer Halligan

16:00 – Geriatric syndromes: update on Post-operative cognitive dysfunction – Dr Peter Kroker

16:30 Close of meeting

Biographies

Dr Shuli Levy – Dr Levy is a consultant geriatrician at the Hammersmith Hospital where she runs the cardiology liaison service and is part of the heart failure team. She also works within acute medicine at St Mary’s Hospital and Charing Cross Hospital. She is chair of the British Geriatrics Society Ethics and Law group.

Dr Stephen Lim – Dr Stephen Lim is a NIHR Clinical Lecturer in Geriatric Medicine and Honorary Specialist Registrar within the Wessex deanery. He is based at the Academic Geriatric Medicine department at the University Hospital Southampton NHS Foundation Trust and his clinical practice is based at Salisbury General Hospital. His research interests are in sarcopenia, nutrition and physical activity interventions in older people. He completed his PhD in 2018 exploring a volunteer-led physical activity intervention for hospitalised older people. He is the current chair of the British Geriatrics Society Trainees’ Council and serves as a trustee of the British Geriatrics Society. He tweets as @StephenERLim



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Dr Daniel Davis – Dr Davis is a Wellcome Trust Intermediate Clinical Fellow and Honorary Consultant in Geriatric Medicine. He qualified from the University of Edinburgh in 2003 and undertook postgraduate training in Oxford and London. His PhD was obtained from the University of Cambridge. His primary interest is the relationship between delirium and/or acute illness and trajectories of cognitive decline in large population-representative studies. He is the Principal Investigator for the Delirium and Population Health Informatics Cohort (DELPHIC) study, which tracks cognitive and functional status before, during and after hospitalisation in a population sample of older people. He is on the board, and serves as treasurer for the European Delirium Association.

Dr Peter Kroker - Dr Peter Kroker is a consultant physician at Chelsea and Westminster Hospital as well as a lecturer at Imperial College School of Medicine.

Dr Frederick Vonberg – Dr Vonberg is a Clinical Research Fellow at Imperial College London studying cerebral autoregulation. After qualifying from Cambridge University and UCL, he spent a 2 year research fellowship at Harvard University and Massachusetts Institute of Technology. He undertook medical rotations in London and Oxford.

CPD Accreditation: This meeting has applied for 3 CPD credits

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