

Spring Meeting

1-3 April 2020
University of Manchester

The BGS Spring meeting will cover the latest scientific research and the best clinical practice in care of older people. Our ageing population is stimulating extensive NHS service redesign to deal with the challenge of caring for larger numbers of older people both in and out of hospitals. This conference will cover core areas of interest to all specialists responsible for the healthcare of older people.

In association with:



Meeting aims

- Further attendees' overall knowledge and understanding of current research and practice in healthcare of older people in core and difficult areas
- Improve attendees' skills in the treatment and healthcare of older people
- Inspire attendees to achieve personnel excellence in healthcare of older people
- Take away new activities and ideas to progress their workplace's services

Topics

- Dementia and Related Disorders
- GI and Nutrition
- Dental and Oral Health
- Fitness to Drive
- Bladder and Bowel health
- Falls and Syncope
- End of life care
- Healthy ageing and health promotion
- Clinical research in over 65s

Who should attend

- Consultants & specialist doctors in geriatric medicine
Doctors in related specialities
- GPs with an Extended Role in Older People and GP trainees
- Nurses and allied health professionals
- Advanced and Specialist practitioners
- Consultant Practitioners/Consultant Nurses
- Internal Medicine Trainees and Foundation year doctors (especially those considering a career in geriatric medicine)
- Researchers into Ageing and Age Related Conditions
- Medical, Nursing, Allied Health professional students

This programme has been submitted for **18 CPD credits** to the Royal College of Physicians.

Follow us on  @GeriSoc #BGSConf

Conference programme

Wednesday, 1 April 2020

08.15 **Registration**

09.00 **Presidential address**

09.30 – 11.00	<p>Dementia and related disorders SIG</p> <p>What's it really like being in hospital</p> <p>Chair: Venue: Theatre B</p>	<p>GI and nutrition SIG</p> <p>Chair: Venue: Theatre A</p>
	<p>09:30 Introduction Prof Alistair Burns, Professor of old age psychiatry, University Manchester and national clinical director for Dementia and older people's mental health, The University of Manchester</p> <p>10:00 What it is like in hospital - a carer perspective Ms Gail Bowker, Carer, Salford Dementia Champions, Dementia Action Alliance and Older Persons Forum</p> <p>10:30 Improving the experience of care for people living with dementia in hospital Prof Jo Thompson Coon, Professor in evidence synthesis and health policy, University of Exeter</p>	<p>09.30 Introduction to the SIG, overview of the day ahead</p> <p>09.40 Prevention and root cause treatment of chronic diseases Dr Sue Kenneally, BSLM Regional Director for South Wales and General Practitioner</p> <p>10.20 Nutritional influences on cancer development Dr Shireen Kassam, Consultant Haematologist and Honorary Senior Lecturer at King's College Hospital</p>

11.00 **Refreshment break**, Exhibition area

11.30 – 13.00	<p>Dementia and related disorders SIG</p> <p>National policy and role of digital</p> <p>Chair: Venue: Theatre B</p>	<p>GI and nutrition SIG</p> <p>Chair: Venue: Theatre A</p>
	<p>11.30 NICE guidelines, what do they mean for the geriatrician? Prof Louise Allan, Professor of geriatric medicine, University of Exeter</p> <p>12.00 What's new nationally (including ONS data and PHE fingertips tool) Prof Alistair Burns, Professor of old age psychiatry, University Manchester and national clinical director for Dementia and older people's mental health, The University of Manchester</p> <p>12.30 Global digital exemplars and longitudinal Health Care Records - using data to transform care Dr Emma Vardy, Consultant geriatrician, Salford Royal NHS Foundation Trust</p>	<p>11.30 Nutrition in older people – Wessex AHSN study findings and next steps Annmarie Aburrow, Consultant dietitian, Wessex Academic Health Science Network</p> <p>12.00 New horizons in nutrition in older people Dr Trevor Smith, President, BAPEN</p>

Conference programme

Wednesday, 1 April 2020

13.00 **Lunch**, Exhibition area

14.00 - 15.00	Dementia and Related Disorders SIG End of life Chairs: Venue: Theatre B	GI and nutrition SIG Chair: Venue: Theatre A	The British Red Cross focus group Venue: Room 1.219
	<p>14.00 Advance care planning for care home residents Dr Louise Butler, Consultant, Salford Royal NHS Foundation Trust</p> <p>14.20 Palliative care Dr Katherine Sleeman, Palliative care consultant and NIHR Clinical Fellow Cicely Saunders Institute, Kings College London</p> <p>14.40 Bereavement Ms Fiona Murphy, Assistant director of nursing for bereavement and donor support, Bolton, Salford and Wigan</p>	<p>14.00 Faecal transplant for C diff infection and update on the lack of efficacy of fidaxomicin in recurrent CDI Prof Peter M Hawkey, Professor of clinical and public health bacteriology, Institute of Microbiology and Infection, University of Birmingham</p> <p>14.45 Discussion</p>	<p>In this focus group the British Red Cross will explore the perspective of healthcare professionals on hospital discharge, and people's experiences of settling back to their homes after a hospital admission. We know there is great support available in the community that tackles wider non-clinical issues such as loneliness and isolation, which can reduce and prevent hospital readmission altogether. We are keen to explore these and other solutions with you in this discussion.</p>

15.00 **Refreshment break**, Exhibition area

15.30 - 16.30	Dementia and Related Disorders SIG Dementia care Chair: Venue: Theatre B	GI and nutrition SIG Chair: Venue: Theatre A
	<p>15.30 Dementia and cancer Ms Loraine Burgess, Macmillan dementia nurse consultant, The Christie NHS Foundation Trust</p> <p>16.00 Dementia care mapping Ms Lindsey Collins, Senior dementia care consultant and trainer, Centre for Applied Dementia Studies, Faculty of Health Studies</p>	<p>15.30 Gut health and beyond: the three questions I ask every patient Dr Alan Desmond, Consultant gastroenterologist, South Devon Healthcare NHS Foundation Trust</p> <p>16.00 Nutrition and dementia Prof Jane Murphy, Professor of nutrition, Bournemouth University</p>

16.45 - 17.45 **University of Manchester heritage guided tour**
Meet under the archway next to Whitworth Hall near the old university buildings on Oxford road. Please arrive 10 minutes before the tour starts. Spaces are limited and reservation is mandatory. Email registrations@bgs.org.uk to confirm your space

17.30 - 18.50 **Guided running tour of Manchester**
Meet outside the main door at 17.20. This 7km run is suitable for all level and will include occasional stops. Spaces are limited and reservation is mandatory. Email registrations@bgs.org.uk to confirm your space

Conference programme

Thursday, 2 April 2020

- 07.00 **Guided running tour of Manchester**
 - Meet outside the main door at 6.50am. This 7km run is suitable for all level and will include occasional stops. Spaces are limited and reservation is mandatory. Email registrations@bgs.org.uk to confirm your space
 08.20

08.15 **Registration**

09.00 - 10.30	Session A Association of Academic Geriatric Medicine symposium Chairs: Dr Richard Dodds Venue: Theatre A	Session B Ageing well with good oral health Chair: Dr Robert Wears Venue: Theatre B	AGILE The role of the AHP in the delivery of CGA: a whole system view Chair: Venue: Room 1.218
	<p>09.00 Reaching underserved groups Prof Miles Witham, Professor of trials for older people, Newcastle University</p> <p>09.20 Achieving meaningful PPI in service development Dr Anna Whittle, Consultant geriatrician, Dartford and Gravesham NHS Trust</p> <p>09.40 Recruiting care home residents Ms Jane Horne, Research Fellow and Occupational Therapist, University of Nottingham</p> <p>10.00 Members of public as co-researchers Ms Alison Cowley, NIHR Clinical doctoral research fellow and Senior Physiotherapist and Ms Margaret Kerr, Patient and public involvement partner, University of Nottingham</p> <p>10.20 Panel discussion</p>	<p>09.00 A cross-sectional study of the oral health and oral-health-related quality of life of older adults admitted to an acute hospital in the north east of England Ben J Steel</p> <p>09.15 A review of the evidence linking oral health and general health including pneumonia and frailty Natalie Bradley, Special Care Dentistry Registrar</p> <p>09.40 The role of the MDT in improving oral health Christine Goodban, Senior Speech and Language therapist, Western Sussex Hospitals NHS FT</p> <p>Findings from the Mouth Care Matters initiative The current state of oral health for older people in care homes and hospitals How to recognise pain and infection in older people with cognitive impairments</p> <p>Dr Mili Doshi, Consultant in Special Care Dentistry at East Surrey Hospital and the Royal Hospital for Neurodisability and Mouth Care Matters</p>	Ms Esther Clift, Consultant Practitioner in frailty, Southern Health NHS Foundation Trust; Mr John Frosdick, Clinical lead physiotherapist and advanced practitioner, University Hospital Southampton NHS Foundation Trust; and Ms Annabel Rule, Clinical lead occupational therapist in acute and emergency medicine, St Mary's Hospital

10.30 **Refreshment break and poster viewing**

- 10.45 **Guided running tour of Manchester**
 - Meet at the registration desk at 10.35. This 5km run is suitable for all level and will include occasional stops. Spaces are limited and reservation is mandatory. Email registrations@bgs.org.uk to confirm your space
 11.45

11.15 - 12.00	President poster round Chair: Venue: Theatre A
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Conference programme

Thursday, 2 April 2020

12.00 – 13.00	<p>Session C</p> <p>Research Sessions</p> <p>Chair: Venue: Theatre A</p>	<p>Session D - Workshop</p> <p>How to be a good peer reviewer</p> <p>Chair: Dr Miles Witham Venue: Theatre B</p>	<p>AGILE</p> <p>Advances in the assessment of community dwelling older adults at risk for falls</p> <p>Chair: Venue: Room 1.218</p>
	<p>12.00 Everyday life after hip fracture; What community living older adults perceive as most beneficial for their recovery Margriet Pol, Senior researcher and senior lecturer, Amsterdam University of Applied Sciences</p> <p>12.30 Quality of Care Transitions: Older Adults Experiences in an Integrated Care Trust Natasha Thorley</p> <p>12.40 Adiposity and Development of Dementia: systematic review of recently published longitudinal studies</p> <p>12.50 Estimating the Burden of Dementia in Latin America and the Caribbean: A systematic review and meta-analysis Yawen Xiang</p>	<p>This workshop will equip delegates with the skills they need to deliver high-quality, constructive and respectful peer-review. A brief overview of the process, examples of good and bad practice, and interactive examples will enable you to peer review with confidence</p>	<p>12.00 Theoretical considerations for assessing balance function and falls risk in community dwelling older adults Dr Matt Liston, Post-doctoral research fellow, King's College London</p> <p>12.30 A practical introduction to the bedside assessment of the unsteady or dizzy patient Dr Marousa Pavlou, Lecturer in Physiotherapy, King's College London</p>

13.00 **Lunch**, Exhibition area

14.00 – 15.00	<p>Session E</p> <p>Fitness to drive</p> <p>Chair: Dr Robert Wears Venue: Theatre B</p>	<p>Session F</p> <p>Biology of ageing: bladder and bowel systems</p> <p>Chair: Venue: Theatre A</p>	<p>AGILE</p> <p>Demystifying strength and balance training and falls prevention</p> <p>Chair: Ms Sarah De Biase, AGILE Chair</p> <p>Venue: Room 1.218</p>	<p>Workshop 1</p> <p>Healthy ageing and health promotion</p> <p>Facilitator: Dr Hui Sian Tay Venue: Room 1.219</p>
	<p>14.00 Fitness to drive. Identifying patients with concerns and communication with the DVLA. New diagnosis of atrial fibrillation Ms Anca Birliga, Medical Adviser, DVLA</p> <p>14.50 Knowledge of junior doctors about heart failure. Mehak Gupta</p>	<p>14.00 Normal bladder and urinary tract processes and the impact of ageing and age-related bladder diseases Dr Karen Guerrero, Urogynaecologist, national health research senior fellow, and honorary senior clinical lecturer, Queen Elizabeth University Hospital</p> <p>14.30 Neurological conditions and their impact on bladder functions Dr Jalesh Panicker, Consultant neurologist, The National Hospital for Neurology and Neurosurgery</p>	<p>Discussants: Professor Dawn Skelton, Professor of Ageing and Health, Glasgow Caledonian University</p> <p>Ms Bex Townley, Exercise Specialist and Director of Later Life Training Ltd</p> <p>Collaboration between AGILE, British Association of Sport and Exercise Sciences and Later Life Training.</p>	<p>Mr Derek T Barron, Director of Care, Erskine; Prof Alistair Burns, Professor of old age psychiatry, University of Manchester and National clinical director for dementia and older people's mental health, NHS England/NHS Improvement; and Ms Alison Smith, Prescribing support consultant dietitian, Herts Valleys CCG</p>

Conference programme

Thursday, 2 April 2020

15.00 **Refreshment break**, Exhibition area

15.30 -	Marjory Warren Guest lecture
16.30	The future of the internal medicine - geriatric medicine interface
	Chair: Venue: Theatre B
	Prof Cornel Sieber , Director of department of medicine, chief physician clinic for internal medicine, and specialist in internal medicine focus on geriatrics, Kantonsspital Winterthur

16.30 -	AGILE	The British Red Cross focus group
17.30	Chair: Venue: Room 1.218	Venue: Room 1.219

	Primary care wellbeing service – An MDT approach to physical and mental health presentations Sherri Godsell and Kirsty Shepherd	In this focus group the British Red Cross will explore the perspective of healthcare professionals on hospital discharge, and people's experiences of settling back to their homes after a hospital admission. We know there is great support available in the community that tackles wider non-clinical issues such as loneliness and isolation, which can reduce and prevent hospital readmission altogether. We are keen to explore these and other solutions with you in this discussion.
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16.45 **University of Manchester heritage guided tour**
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17.45 Meet under the archway next to Whitworth Hall near the old university buildings on Oxford road. Please arrive 10 minutes before the tour starts. Spaces are limited and reservation is mandatory. Email registrations@bgs.org.uk to confirm your space

	Conference Dinner
18.30 -	Venue: Manchester Art Gallery
22.30	Prepaid tickets will be required. You can purchase your tickets during registration or email registrations@bgs.org.uk if you are already registered. Dress-code is smart casual

Conference programme

Friday, 3 April 2020

08.15	Registration		
09.00 - 10.30	Session G Promoting excellence in end of life care for frail older people Chair: Venue: Theatre B	Session H Clinical quality session Chair: Venue: Theatre A	The British Red Cross focus group Venue: Room 1.219
	<p>09.00 High quality end of life care: what I've learnt from a nonagenarian Dr Sarah Russell, Professional and practice development facilitator, Dementia UK</p> <p>09.30 Paper boats and other stories Dr Patricia Cantley, Consultant physician, Midlothian Hospital at Home Team, NHS Lothian</p> <p>10.00 Launch of new BGS SIG and good practice guidelines</p>	<p>09.00 Improving delirium screening and recognition through quality improvement crowdsourcing: results of a panspecialty multi-centre project Geriatric Medicine Research Collaborative</p> <p>09.15 The Elephant in the Room: An innovative and effective approach to multidisciplinary advance care planning training Lucy Owen</p> <p>09.30 Person-centred improvement Dr Kirsten Watson, Head of quality improvement, Dorset Healthcare University Foundation NHS Trust</p> <p>10.00 NHS Benchmarking - Findings on managing Frailty and Delayed Transfers of Care in the Acute Setting Ms Lucy Atherton, Project Coordinator and Ms Lucy Trubacik, Project manager</p>	<p>In this focus group the British Red Cross will explore the perspective of healthcare professionals on hospital discharge, and people's experiences of settling back to their homes after a hospital admission. We know there is great support available in the community that tackles wider non-clinical issues such as loneliness and isolation, which can reduce and prevent hospital readmission altogether. We are keen to explore these and other solutions with you in this discussion.</p>
10.30	Refreshment break, Exhibition area		
11.00 - 12.30	Session I Digital health enablers Chair: Venue: Theatre A	Session J Supporting developing countries Chair: Venue: Theatre B	Trainees session Venue: Room 1.218
	<p>11.00 Technology integrated health management for dementia Irfan Hassan Programme Manager Commercial Development Department, Surrey and Borders Partnership NHS Foundation Trust and Hamid Zolfagharinia, Innovation Manager, Clinical Scientist - Research & Innovation, Birmingham Community Healthcare NHS Foundation Trust</p> <p>11.45 Case study: appropriate scenarios for providing telehealth - using examples perhaps Whiston and your stroke review Dr Andrew Hill, Consultant geriatrician, Whiston Hospital</p>	<p>11.00 Introduction - Supporting education and research in developing countries Prof Richard Walker, Consultant Geriatrics, Northumbria Healthcare NHS Foundation Trust</p> <p>11.10 How can we help with training and research overseas Prof Tahir Masud, Consultant physician and honorary professor, Nottingham University Hospitals NHS Trust</p> <p>11.20 Frailty in sub-Saharan Africa: Challenges and rewards of research in resource-poor settings Dr Grace Lewis, Research and Teaching Fellow, Newcastle</p> <p>12.00 Geriatric medicine in undergraduate written assessments: Is there a single best answer? Michael Reid</p>	<p>This session is organised by the Trainees' council for those in training grades. All registrars, clinical fellows, IMT/CMT and foundation year doctors are invited to attend.</p> <p>11:00 -What we wish every geriatrician should know: a therapist's perspective Ms Anita Whalley, Occupational Therapist, Salisbury District Hospital</p> <p>11:30 Trainee project presentation</p> <p>12:00 Trainees update Dr Carly Welch, Chair BGS Trainees Council and ST6 geriatric medicine, University of Birmingham</p>

Trainees

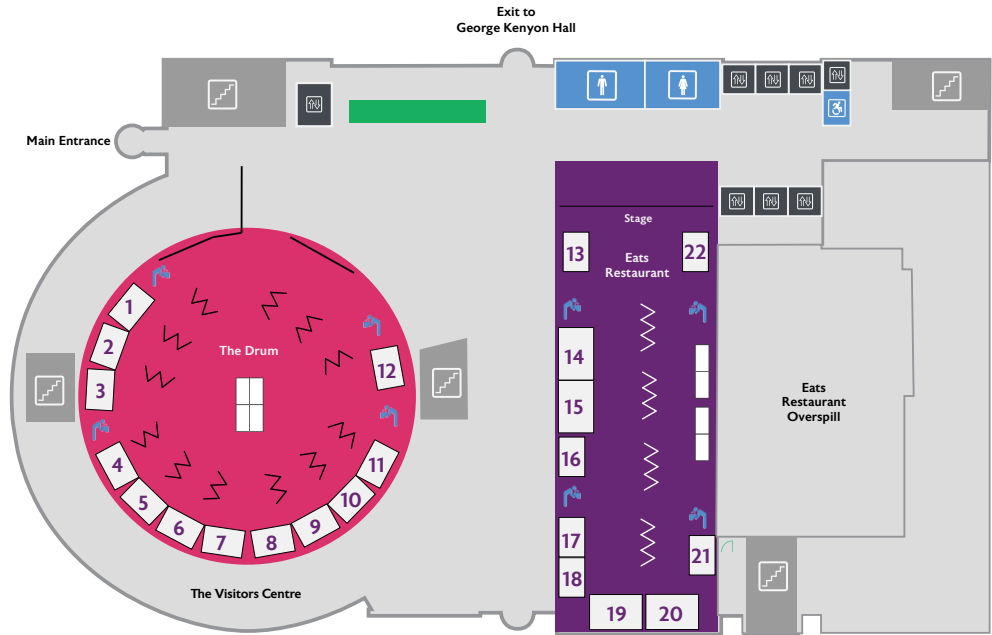
Conference programme

Friday, 3 April 2020

12.30 -	Guest Lecture:
13.30	The complexities of commissioning in a landscape of compounded deprivation Chair: Venue: Theatre B Dr Ruth Bromley , Portfolio GP, lead for ethics and law, Manchester Medical School and chair, Manchester Health and Care Commissioning Board
13.30	Nurses and AHP networking lunch Venue: Room 1.218
13.30	Lunch , Exhibition area
13.35 -	University of Manchester heritage guided tour
14.20	Meet under the archway next to Whitworth Hall near the old university buildings on Oxford road. Please arrive 5 minutes before the tour starts. Spaces are limited and reservation is mandatory. Email registrations@bgs.org.uk to confirm your space
14.30 -	Session K
16.30	Falls and Syncope Chair: Venue: Theatre B
	14.30 Can frailty help inform the balance of benefit and harm from anti-hypertensive treatment in older people? Dr Oly Todd, Doctoral research fellow, University of Leeds and Bradford Royal Infirmary
	14.50 Orthostatic hypotension: an update Dr James Firth, Consultant geriatrician, Newcastle upon Tyne Hospitals NHS Foundation Trust
	15.10 Is CSM still relevant in unexplained falls? Dr John Davison, Consultant physician and geriatrician, Newcastle upon Tyne Hospitals NHS Foundation Trust
	15.30 Patient Outcomes From a General Inpatient Rehabilitation Ward, Does Frailty or Reason For Admission Make a Difference to Patient Outcome? Dr Edward Alcorn
	15.45 Fear of Falling in Community Dwelling Ambulatory Older Patients: Associations with Physiological Falls Risk, Cognition and Mood Disorders Helena Dolphin
	16.00 Debate: Should we aim for tight BP control in older people? Dr Nigel Beckett, Consultant in ageing and health, Guys and St Thomas' NHS Foundation Trust vs Dr James Frith, Clinical senior lecturer, Newcastle University
16.30	Close of meeting

Floor plan

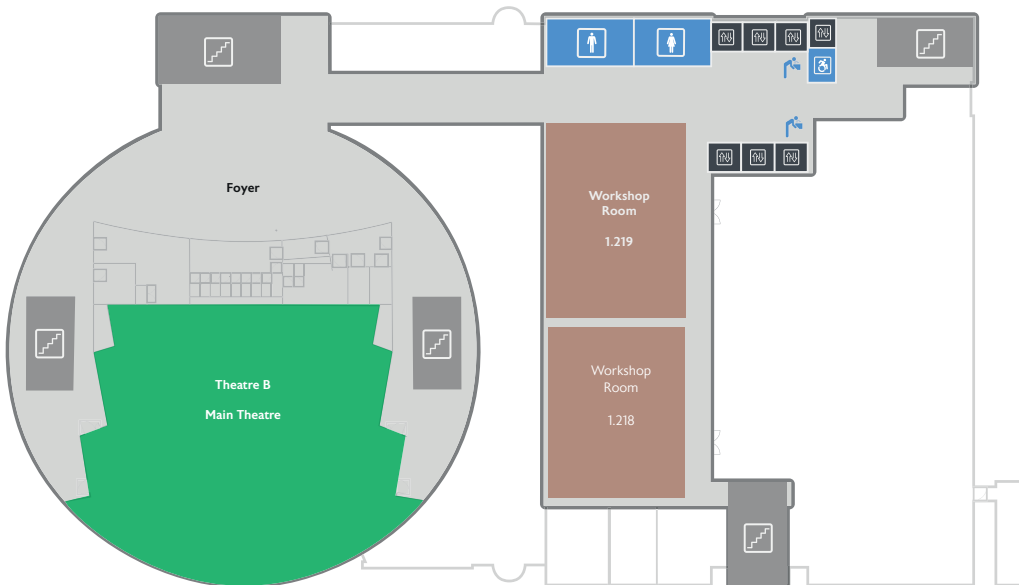
Ground Floor



Floorplan Key

- Eats Restaurant - Exhibition and refreshments
- The Drum - Exhibition and refreshments
- Registration desk
- Lifts
- Stairs
- Toilets
- Exhibition stands
- Posters
- Refreshments
- Water point

1st Floor

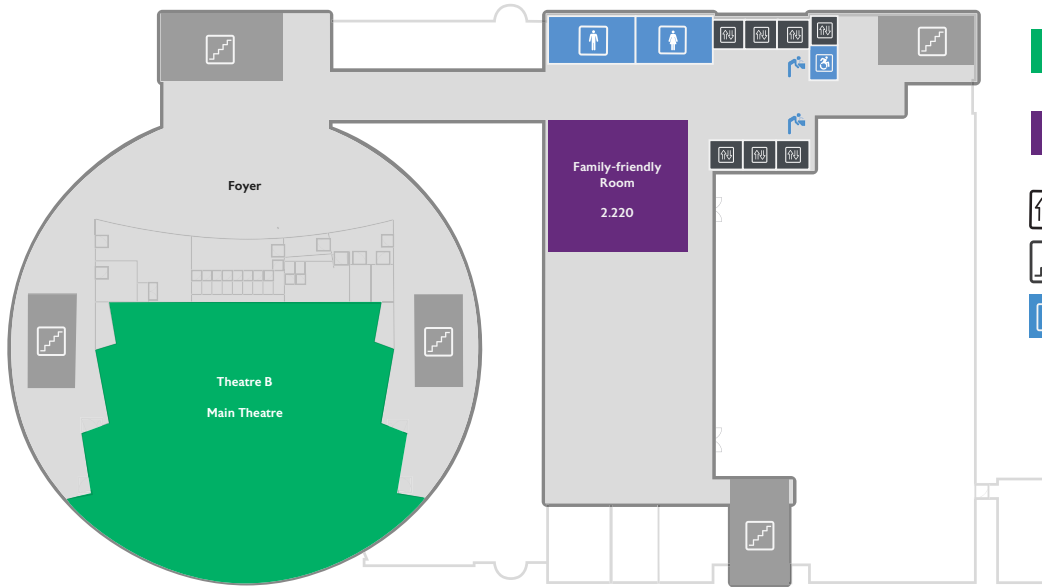


Floorplan Key

- Theatre B- Front entrance
- Workshop rooms 1.218 & 1.219
- Lifts
- Stairs
- Toilets
- Water point

Floor plan

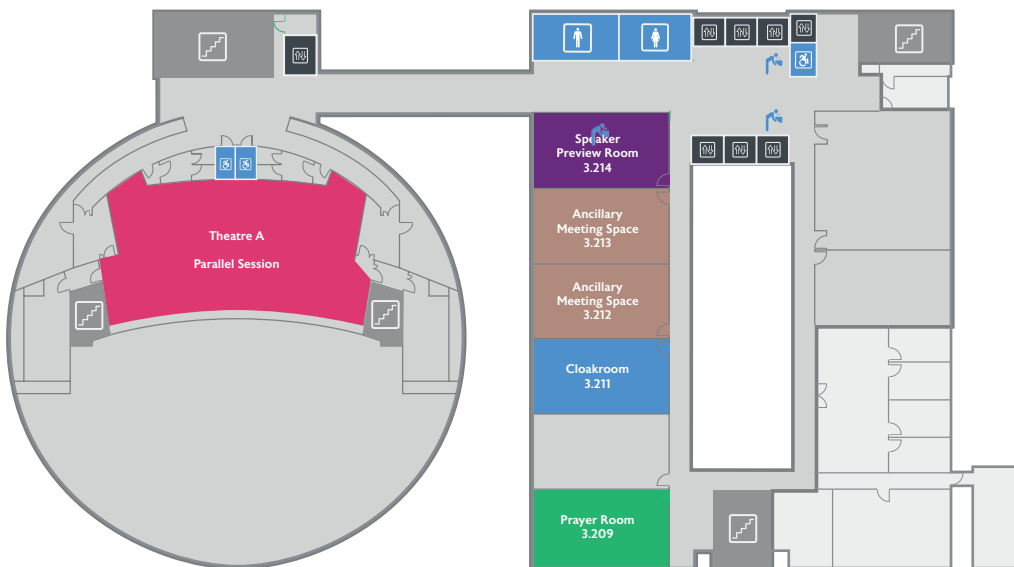
2nd Floor



Floorplan Key

- Theatre B- Back entrance
- Family-friendly room 2.220
- Lifts
- Stairs
- Toilets
- Water point

3rd Floor



Floorplan Key

- Speaker preview 3.214
- Theatre A - Front entrance
- Ancillary meeting spaces 3.212 & 3.213
- Cloakroom 3.211
- Prayer Room 3.209
- Lifts
- Stairs
- Toilets
- Water point

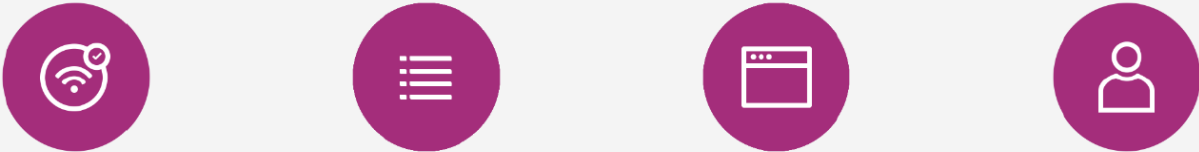
Theatre A - Make your way to the 4th floor to enter at the back of the auditorium

Ancillary meetings

Wednesday, 6 Nov	Meeting	Location	Notes
08.15-16.30	Speakers preview	Room 3.214	Speakers and platforms presenters only
08.30-09.00	Chairs' briefing	Room 3.213	Chairs only
08.30-09.00	Volunteers' briefing	BGS Stand	Volunteers only
Thursday, 7 Nov	Meeting	Location	Notes
08.15-17.00	Speakers preview	Room 3.214	Speakers and platforms presenters only
08.00-08.30	Poster assessor meeting	Room 3.213	Poster assessor only
08.30-09.00	Chairs' briefing	Room 3.213	Chairs only
08.30-09.00	Volunteers' briefing	BGS Stand	Volunteers only
Friday, 8 Nov	Meeting	Location	Notes
08.15-16.00	Speakers preview	Room 3.214	Speakers and platforms presenters only
08.30-09.00	Chairs' briefing	Room 3.213	Chairs only
08.30-09.00	Volunteers' briefing	BGS Stand	Volunteers only
14.00-16.00	BGS meeting committee	Room 3.213	By invitation only

Wifi

How to get online



- Check your WiFi is on
- Select The Cloud from the available network list
- Open browser and follow on screen instructions to register or log on.
- Once you've registered you will seamlessly connect to The Cloud without needing to re-enter your username and password

I can't see the Sky WiFi page when connecting to the network

If this happens, you may need to manually type in the web url: <http://service.thecloud.net>. Here you will be able to Register/Login and browse the internet.

I've received an error message

If you see a "Lost in the Clouds" error message/Error 500 or the login/registration page refreshes itself after entering login, please ensure that your device is accepting cookies. ('Accept Cookies' setting should be set to 'Always'.)

You may need to clear your browsing history (cache, cookies, form data) and try logging in again.

How do I get my device to Autoconnect?

Once you have registered your device, it will be recognised each time you connect in the future. You will still have to open your browser, but you won't need to login or register — just click Continue.

Route Information

The University takes its social responsibility and relations with the local community seriously and aims to reduce its impacts on the environment through its sustainability policies. Therefore, wherever feasible, you are encouraged to travel by sustainable means.

By Rail

PICCADILLY STATION:

Head for the escalators to the left of the concourse, following the signs for Taxis/Fairfield Street. Piccadilly Station is linked to Oxford Road campus by the Oxford Road Link (147 bus) shuttle bus which runs every 10 minutes, Mon – Fri, from Stop D, Fairfield Street. www.route147.co.uk

OXFORD ROAD STATION:

At the bottom of the station approach, turn right on to Oxford St (leading on to Oxford Road). Continue along Oxford Road, approximately 15 mins walk and University Place is on the left hand side. You will find the main entrance to University Place opposite The Manchester Museum.

VICTORIA STATION:

Take the MetroLink Tram to Piccadilly Rail Station. Exit to the street at platform level following signs for 'taxis' and continue directions as for PICCADILLY STATION.

Bus

There are a large number of direct services from Piccadilly Bus Station and from south Manchester. From other parts of the city a change of buses is usually required, normally at Piccadilly. From Piccadilly Bus Station to south campus, buses include the 15, 16, 16A, 42, 42A, 43, 44, 111, 142, 143, 157 and 250. The 147 service runs from Piccadilly Rail Station: www.route147.co.uk. For bus timetables, information and a journey planner go to www.tfgm.com/buses

Cycling

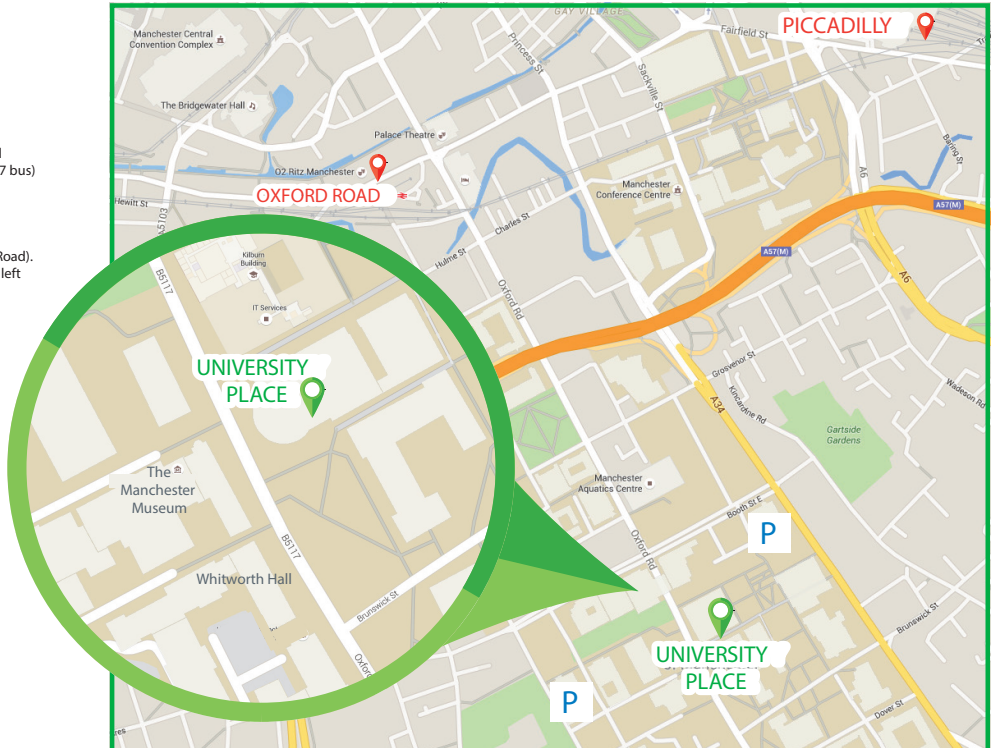
The University provides large numbers of sheffield/hoop stands for cyclists in key locations across both campuses. For detailed information on cycling and routes, as well as a journey planner go to: www.tfgm.com/cycling

Walking

Pedestrians are catered for with designated campus routes and much of Manchester is relatively easy to get around on foot. To plan your walking route go to: www.walkit.com/cities/manchester

By Car

Please use Google Maps (www.google.co.uk/maps)



Delegates should park at the Aquatics (NCP) Multi-storey, Booth Street East.

Please use postcode M13 9SS

Upto 2 hours £2.40, 2 to 4 hours £4.10, 4 to 9 hours £5.80, 9 to 24 hours - £8.60 (Please note this car park closes at 12 pm)

Additional parking is available at our multi-storey carpark on Booth Street West. Please use postcode M15 6PB

Drivers should collect a ticket on entry and pay at one of the machines prior to collecting their vehicle at the end of the day.

Free guided tours

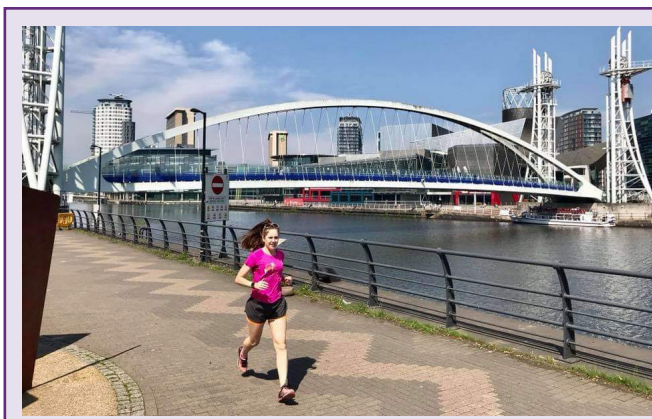


Leave the guidebooks at home and get a true feel for Manchester while getting a great workout with Go! Running Tours

The tour will cover the main attractions in Manchester as well as giving an insight into its lesser-known secrets. The run will depart from the meeting venue. It is suitable for all level and pace will be adjusted to fit the group.

Join Go! Running friendly guides and enjoy Manchester's northern soul in all its glory on:

- Wednesday 1st April at 17.30 (7km)
- Thursday 2nd April at 07.00 (7km)
- Thursday 2nd April at 10.45 (5km)



Spaces are limited and reservation is mandatory.

Email registrations@bgs.org.uk to confirm your space. You will be asked to sign a participant waiver before joining the activity.

Please note there are no shower or changing facilities at the venue. You can leave your bags at the registration desk for the 07.00 run on Thursday 2nd April and at the cloakroom for the run at 10.45 on Thursday 2nd April. There will be no bags facilities for the run on Wednesday 1st April at 17.30.

Join the University of Manchester Heritage tour and enter a journey from the beginnings of England's first civic university to the sites of world changing discoveries

It begins within the fine neo-gothic architecture of the University of Manchester's Old Quadrangle and tells the story of Owens College, which would become England's first civic university. Founded from the philanthropy of wealthy Manchester merchants, Owens College captured the energy and spirit of the industrial revolution. Its successor, the Victoria University of Manchester, helped establish the style of the modern university with its secularist approach and pursuit of research alongside teaching.

The tour traces the development of the University into the twentieth century and visits key sites of discovery including where Ernest Rutherford first split the atom and where Alan Turing helped lay the foundations of modern computing.

Join one of the heritage walking tour on:

- Wednesday 1st April 16.45
- Thursday 2nd April 16.45
- Friday 3rd April 13.35

Spaces are limited and reservation is mandatory.

Email registrations@bgs.org.uk to confirm your space

Meet under the archway next to Whitworth Hall near the old university buildings on Oxford road. Please arrive 10 minutes before the tour starts.



About the speakers

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About the speakers

About the speakers

Partners



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Exhibitors



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www.dgft.nhs.uk

BGS Research and Academic Committee & Clinical Quality Committee

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Newbury
RG14 2PZ
www.edwards.com



Grunenthal

Stand 7
Stokenchurch Business Park
1, Ibstone Rd
Stokenchurch
HP14 3FE
www.grunenthal.co.uk



caaring for your Health

Bial

Stand 8
Admiral House
Windsor
SL4 3BL
www.bial.com



Amgen

Stand 9
Cambridge Science Park
240 Milton Road
Milton
Cambridge
CB4 0WD
www.amgen.com



MENARINI

Menarini

Stand 11
Menarini House
Mercury Park

High Wycombe
HP10 0HH
www.menarini.com



University Hospitals of Derby and Burton NHS Foundation Trust

Stand 16
Uttoxeter Rd
Derby
DE22 3NE
www.uhdb.nhs.uk



AFN

Acute Network Frailty

Stand 17
2 Adam House
7-10 Adam Street
London
WC2N 6AA
www.acutefrailtynetwork.org.uk

BGS British Geriatrics Society

Stand 18
Marjory Warren House
31 St John's Square
London
EC1M 4DN
www.bgs.org.uk

Exhibitors





British Geriatrics Society
Improving healthcare
for older people

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