

# Leadership and Management in Geriatric Medicine Weekend 2024

## Top tips for getting the most out of your meeting:

### 1. Read the recommended list

The [recommended reading list](#) is encouraged before you get to the weekend.

### 2. Record your attendance

**In person:** Attendance should be recorded by scanning in at the registration desk providing your name each day and signing in.

### 3. Give feedback

Please take the time to fill out the feedback form after the course. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our faculty and course organisers. You can give this throughout the day as well

### 4. Take a breather

It's been challenging the last few years. Take the time to pause, refresh and refocus. Step outside and enjoy fresh air. Catch up with friends, old and new.

### 5. Join in

All delegates are encouraged to ask questions for the duration of the weekend. If you are thinking it, someone else is too. If you're tweeting, tag us at @GeriSoc and use the hashtag #BGSconf.

### 6. Get social

Chat with attendees during breaks, come to the breakfasts and dinners. To benefit fully from this course interact in your assigned groups and also with the other attendees when you can.

## 2-3 November

In person only

A two-day residential course specifically designed for those in training roles in geriatric medicine, moving into senior roles. This course focuses on management and leadership issues that affect health services for older people.

# Sustainability

**Those attending the meeting in person will notice some changes to our event delivery as part of our commitment to environmental sustainability.**

- We are continuing with the use of **digital platforms** as a core part of our conference and meetings delivery and reducing material used at conferences through paperless conferences.
- We encourage you to **walk, cycle or travel by public transport** to the conference venue where possible.
- Try and remember to bring a **reusable water bottle** with you to the venue. Water will be available from water coolers throughout the venue as well as some packaged water. Please recycle packaging by disposing of it at the correct recycling point.
- We are offering a greater choice of **sustainable, meat-free options** as part of our catering for the event.
- This is a **paperless** meeting and we are not printing hard copies of the programme. Please consult the programme online for session details and timings. This is accessible online via your devices before and during the conference. Large poster programmes will be displayed on boards around the venue for reference.
- CPD certificates will be emailed rather than printed. Remember to scan in each day you are attending at registration.
- Bring your own pen and pad if you have them, however, the lanyards, pens and pads at our conference are all from recycled origins.

## Course Information

Using the seven domains of the NHS Leadership Framework, the course will be structured in small facilitated interactive group sessions, analysing questions around leadership, policy and management topics. The course aims to combine three elements: preparing senior trainees for geriatric consultant interviews, helping newly appointed geriatric consultants avoid potential pitfalls in their first year and providing up-to-date knowledge of relevant leadership and management issues.

### Recommended reading list

- The reading list is non-compulsory but it covers some important recent papers that will shape leadership and management agendas for geriatricians over the coming years alongside more generic issues of which you should be aware. The list is not exhaustive and has been whittled down to give a primer ahead of the course. [You can download it here](#)

### Course aims

- Practice and develop leadership and management skills specific to providing healthcare for older people
- Network with others coming into similar roles, and learn from experienced consultants and BGS office holders.
- Gain vital knowledge on key leadership and management challenges facing health services for older people.
- Get professional guidance & assistance on how to avoid common pitfalls in leading the delivery of services for frail older patients
- Develop contacts to render help and mentorship during your first year as a geriatric medicine consultant

# In Person Meeting

START

Breakfast

08.00	<b>Breakfast</b> Attendance at the breakfast is required for all delegates  You will be assign to a group during the breakfast and should use this opportunity to introduce yourself and network with the other course participants		
<b>Opening Session</b> <b>Moderator:</b> Barry Evans			
9.00-10.00	09.00 <b>Older peoples healthcare: Reflecting on services for older people, the NHS and yourself</b> Dr Barry Evans, Consultant Geriatrician, Derby Teaching Hospitals NHS Foundation Trust		
10.00	Coffee break		
<b>Session 1</b>			
	Group 1 Room: MR1 West	Group 2 Room: MR2 West	Group 3 Room: MR3 West
10.15 - 12.00	<b>Older people healthcare: Personal and team management</b>  Dr Jo Pattinson and Lucy Titheridge	<b>Running a service day-to-day; Service delivery &amp; quality Improvement</b> Dr Tom Downes and Dr Ghalib Choudhury	<b>Shaping the strategic direction of health services; future challenges of the NHS &amp; service adaption to meet these changes</b> Professor Martin Vernon and Dr Anne Hendry
12.00 - 13.00	Lunch		

## In Person Meeting

Session 2			
	Group 2 Room: MR1 West	Group 3 Room: MR2 West	Group 1 Room: MR3 West
13.00 - 14.45	<p><b>Older people healthcare: Personal and team management</b></p> <p>Dr Jo Pattinson and Lucy Titheridge</p>	<p><b>Running a service day-to-day; Service delivery &amp; quality Improvement</b></p> <p>Dr Tom Downes and Dr Ghalib Choudhury</p>	<p><b>Shaping the strategic direction of health services; future challenges of the NHS &amp; service adaption to meet these changes</b></p> <p>Professor Martin Vernon and Dr Anne Hendry</p>
14.45- 15.00	Coffee break		
Session 3			
	Group 3 Room: MR1 West	Group 1 Room: MR2 West	Group 2 Room: MR3 West
15.00 - 16.45	<p><b>Older people healthcare: Personal and team management</b></p> <p>Dr Jo Pattinson and Lucy Titheridge</p>	<p><b>Running a service day-to-day; Service delivery &amp; quality Improvement</b></p> <p>Dr Tom Downes and Dr Ghalib Choudhury</p>	<p><b>Shaping the strategic direction of health services; future challenges of the NHS &amp; service adaption to meet these changes</b></p> <p>Professor Martin Vernon and Dr Anne Hendry</p>
20.00	<p><b>Dinner</b> Dinner attendance is required for all delegates</p> <p>Café Roya <a href="http://www.caferoya.com">www.caferoya.com</a> This will be an opportunity to further develop your connections and build relationships with the other course participants and faculty</p>		

# In Person Meeting

START

Breakfast

08.30

**Breakfast**

Attendance at the breakfast is required for all delegates

## Project development session 1

**Moderator:** Barry Evans

9.30-  
11.30

09.30 **How to set up a service**

Covering

- Initial planning stages and scoping
- How to manage a team on all the necessary steps of a project
- Reporting the project and progress to management and key milestones

Led by

Dr Barry Evans, Consultant Geriatrician, Derby Teaching Hospitals NHS Foundation Trust

11.30

**Coffee break**

## Project development session 1

11.45 -  
13.00

Covering

- The pitch
- Feedback on your project

13.00 -  
14.00

**Plenary Feedback**

Discussion about the course, final questions and next steps

14.00

**Lunch and end of course**

# Delirium

New elearning course out now



Free for BGS members  
£150 for non members  
10 CPD credits

# BGS

They say the best  
things in life are

# FREE!

**SPREAD THE WORD:**

Many BGS members are now eligible to apply for a FREE place at our upcoming meetings. There are limited spaces to attend either in person or online. Find out more at [www.bgs.org.uk/grants](http://www.bgs.org.uk/grants)

# BGS

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Improving healthcare  
for older people

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