

Wales Autumn Meeting 2024

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the conference to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at [@GeriSoc](#) and use the hashtag [#BGSConf](#).

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion.

12 - 13 September

Novotel, Cardiff & Online (Hybrid meeting)

Trainees Meeting, Welsh Town Hall, Dragons Den and Dinner

Trainees	
START	<p>Organised by HEIW For those in Geriatric Medicine training posts Held at Novotel West 3</p> <p>10.00 Arrival</p> <p>10.30 “Bluff your way through a geriatric medicine research project” Professor Anthony Johansen, Orthogeriatrician, University Hospital of Wales</p> <p>11.30 Portfolio session with case studies Alex Hale and Alex Elliott-Green Dr Rhian Morse, Consultant Physician Geriatric and General Medicine, University Hospital Wales - Cardiff and Vale University Health Board</p> <p>12.30 Lunch</p> <p>13.30 Experiences in research Dr Jack Boylan, ST7, University Hospital Llandough</p> <p>13.45 Consultant job planning and preparation Dr Victoria Stuter Jones plus case studies</p> <p>14.30 Journal club</p> <p>15.00 Dragon’s den preparation</p>
10.00 - 15.30	
15.30	Tea and Coffee refreshments
BGS Wales Town Hall Meeting	
Moderators: Karl Davis and Nicky Leopold	
16.00 - 17.00	<p>16.00 All BGS Wales members invited to attend to discuss service delivery, work force matters and research in Wales. Online attendance possible Held at Novotel</p> <ul style="list-style-type: none"> • Council Changes to format • Use of Welsh BGS Funds • Welsh BGS and AHP expansion
18.30 - 22.00	<p>Evening Dinner and Dragons Den</p> <p>18.00 Drinks - West Balcony 18.30 Drinks and Dragon’s Den - West 3 20.00 Dinner - Restuarant Tickets £35 per person covering a 2 two course meal and drinks</p>

Hybrid meeting**START****Opening address**09.30 **Opening words from BGS Wales SIG chair****Session 1 Stroke Update****Moderator:** Vicky Suter-Jones

09.10 - 11.00	<p>09.40 Update on Stroke Management Dr Benjamin Jelley Consultant in General, Geriatric and Stroke Medicine Research Lead for Clinical Gerontology, University Hospital, Llandough</p> <p>10.10 Lightning Round Presentations Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted. See below (page 5) for timings and authors.</p> <p>10.30 Altered States in ITU Dr Martyn Stones, Clinical Research Fellow Clinical Research Fellow, Cardiff University</p>
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10.45 **Free time****Session 2 OncoGeriatrics and the role of the Medical Examiner****Moderators:** Karl Davis

11.15 - 12.30	<p>11.15 Oncogeriatrics Update Dr Juliette Lewis - Jones, Consultant, University Hospital of Wales, Cardiff</p> <p>11.45 The Role of ME and Death Certification Dr Jason Shannon, Lead Medical Examiner for Wales, Cwm Taf University Health Board</p> <p>12.20 Discussion</p>
12.30 - 13.45	Lunch

Hybrid meeting

Session 3 Essential Updates

Moderators: Karl Davis

13.45 - 15.00	<p>13.45 BGS: Where now? Where next? Sarah Mistry, CEO, British Geriatrics Society</p> <p>14.00 Physician Assisted Dying - the current landscape Dr Stephanie Wells, Consultant Geriatrician, University Hospital of Wales</p> <p>14.25 Six Goals for Urgent and Emergency Care update: Older people in urgent care Dr Siobhan Lewis, Consultant in Geriatric and General Medicine, Cardiff and Vale UHB</p> <p>14.40 Falls update - Update on Fracture Liaison Service Progress and Welsh Government support Dr Inderpal Singh, Consultant Physician & Geriatrician with interest in Falls and Bone Health and National Clinical Lead, Falls and Frailty (Wales), Aneurin Bevan University Health Board</p>
15.00	Free time

Session 4 Lightning Poster Round and Cognition

Moderators: Benjamin Jelley

15.15- 16.30	<p>15.15 Poster Lightning Round Selected abstracts will be presented live at the conference by the authors in 3-minute vignettes. This is a new (for the BGS) method of poster presentation recently adopted. See next page for timings and authors.</p> <p>16.00 The Future of Cognitive Care Dr Cherry Shute, Consultant Geriatrician, UHW</p> <p>16.30 Closing words</p>
16.40	Conference close

Hybrid meeting

Session 1 Lightning Poster Round Details

10.10 - 10.30	10.15 2693 Improving the quality of discharge summaries in the geriatric wards. A Roy; HDNM Samaranayake; WW Kyi;K Chand; A ElMustafa; T Sivagnanam; SP Sheriff
	10.20 2697 Higher sRAGE levels predict mortality in frail older adults with diabetes. Lee Butche; Jorge D Erusalimsky
	10.25 2705 Enhancing Physical Rehabilitation to Prevent Hospital-Acquired Deconditioning: A Quality Improvement Project. S Gowda; S Jayaram; T Eke

Session 4 Lightning Poster Round Details

15.15- 16.00	15.20 2708 Venous thromboembolism prophylaxis following acute stroke: it's complicated. A Nelmes; B Jelley
	15.25 2721 How does a 'Do Not Attempt CPR' decision impact clinical management of CPR during anaesthesia and hip fracture surgery? A Collins; I Hughes; K Tan; A Johansen
	15.30 2725 Decisions on escalation and palliation: a randomised, double-blind trial among Geriatricians in Wales. YK Tham; A Johansen; D Brooks
	15.35 2736 The Impact of introducing 'What Matters to Me' meetings in a community hospital setting. E Roohi; L Easton; Dr A Puffett
	15.40 2602 Evaluation of Osteoporosis Treatment and Its Impact on Fragility Fractures in People with Parkinson's Disease. R Sequeira; O Silgram; A Eagles

British Geriatrics Society
Improving healthcare for older people

Join us

in improving healthcare
for older people

Who can join?

Anyone specialising in the healthcare of older people can join the BGS. We welcome all members of the multidisciplinary team at all stages in their career, from university to retirement.

This includes

Doctors • Nurses • Therapists • Pharmacists • General Practitioners • Researchers into ageing and age-related disorders • Allied Health Professionals • NHS managers

And more!

Join the BGS for FREE as a student!

BGS membership is free for medical students, student nurses and student therapists, as well as Foundation Year doctors and nurses/AHPs in their preceptorship year.

Simply visit www.bgs.org.uk/join to sign up - you will need to provide supporting documentation to confirm your student status during the membership application. Your membership will be active instantly while we review your information.

This means you can instantly start enjoying all the benefits of being a BGS member, including:

A programme of **accredited CPD events** delivering 25 external hours for less than £500

Discounts on fees for BGS events (saving up to £150 per event)

Access to **best practice guidance** on topics such as frailty and care homes

Networking with other specialists and experts in the care of older people

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...and much more!



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SPREAD THE WORD:

Many BGS members are eligible to apply for a Fully Funded Place at our upcoming meetings. There are limited spaces to apply for in person or online attendance.



Find out more at:

www.bgs.org.uk/funded

A promotional graphic for the BGS G4J (Geriatrics 4 Juniors) 2024 event. It features the BGS logo on the left, the AEME logo on the right, and a central text area with event details. The text includes the date "9 November 2024", the format "Online only", and a list of programme highlights: "Registrar panel session: 'Being the med reg'", "Stroke", "Frailty", "Palliative Care", "Falls in older people", "Orthogeriatrics", "Parkinson's disease", "Geriatrics in primary care", and "Heart failure in older people". It also mentions "CotE Champions' poster competition". At the bottom, it provides registration information: "Registration £30 @ www.bgs.org.uk/24G4J" and "www.aeme.org.uk @ElderlyMedEd #G4J24".

BGS **G4J (Geriatrics 4 Juniors)** **2024**

9 November 2024
Online only

Updated in Geriatric Medicine for FF, FF1 & GP1/2
Doctors, Students, Specialist Nurses and Allied health professionals

Association for Elderly Medicine Education (AEME)

Programme highlights: Registrar panel session: "Being the med reg"

Stroke Frailty Palliative Care Falls in older people

Orthogeriatrics Parkinson's disease Geriatrics in primary care

Heart failure in older people

Registration £30 @ www.bgs.org.uk/24G4J
CotE Champions' poster competition

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