

Do not forget the person

Respect, Choice and Dignity - Do as you would be done by



Dignity and Respect

- Treat the person as an individual
- Ask the person how they would like to be addressed
- Involve the person and their next of kin, when appropriate, in all discussions

Eating and Drinking

- Check if the person:
- Is in the most comfortable position prior to eating
 - Has had the opportunity to wash their hands before and after eating and check fingernails for cleanliness and length
 - Has had their mouth and dental hygiene assessed

Use of the Toilet

- Ensure the person has:
- Privacy and dignity
 - Timely and prompt assistance if required
 - The opportunity for hand washing

Communication

- Check the person has been assessed for hearing, sight and language difficulties
- Use plain language and simple explanations
- Make sure you have understood the person and that the person has understood you

Mobility

- Encourage the person to maintain their NORMAL mobility and routine as much as possible
- Check the person's foot hygiene and toenail length
- Ensure the person's footwear is clean, well fitting and within reach