

**British Geriatrics Society**  
Improving healthcare for older people

**BGS**

Therapists are an active and growing  
part of our membership

# Join us





## Why join us?

**The British Geriatrics Society is the professional body of specialists in the health care of older people in the United Kingdom. Physiotherapists and occupational therapists form an active and growing part of our membership, accessing a range of professional support and benefits which include:**

- Regular meetings focused on professional training, including sessions on frailty, continence, dementia, delirium, perioperative care, nutrition, falls and other key issues
- Therapists, nurses and allied health professionals have representation on the BGS Trustees' Board
- Therapist professional development grants to attend BGS or other conferences
- Discounted registration fees for all multi-disciplinary BGS events
- Access to a network of specialists and experts in the area of older people. The BGS Members Directory helps members to promote their interests and to meet like-minded colleagues working across the UK. It is open to all members of the BGS who have opted into the service
- Membership of disorder-specific special interest groups focusing on dementia and similar conditions, falls prevention and bone health, community geriatrics, nutrition and many more
- Print and online subscriptions to the influential *Age and Ageing* journal (enhanced benefit)
- An influential national policy voice, on subjects including frailty, dignity and care homes

# Publications and projects

The BGS produces publications including clinical best practice guidance, often in collaboration with Royal Colleges and third sector partners. A recent example includes:

**Fit for Frailty:** This two-part guidance document focuses on improving the care and treatment of older people with frailty, and was developed in close collaboration with the Royal College of Nursing, the Royal College of General Practitioners, the and Age UK.

Part 1 is aimed at front-line healthcare professionals working in community and outpatient settings: nurses, social workers, ambulance crews, carers, GPs and others. Part 2 provides advice and guidance on the development, commissioning and management of services for people living with frailty in community settings.

Providing excellent care requires clinical knowledge, but also an understanding that older people's needs are best met using a multi-professional approach, whether you're a therapist, doctor or nurse. The BGS's multi-professional approach has led the way on dealing with a growing need, and is just one of many reasons why as a nurse I am proud to be a BGS member.

**Cliff Kilgore**

Advanced Nurse Practitioner, Bournemouth, and member of the BGS Nurses and AHPs Section

## How to join us

Membership for Student Therapists is absolutely free and includes all our main member benefits while the therapist is in training.

For registered therapists, we offer two different tiers of membership. Our standard subscription includes all of our

main member benefits. Our enhanced membership adds a full print and online subscription to our influential *Age and Ageing* journal, worth over £500.

**Online registration is available at [www.bgs.org.uk](http://www.bgs.org.uk) [Select Join Now].**

# How to get more involved

- Look out for **national officer and committee** vacancies in BGS Newsletter and on our website
- **Attend our Spring and Autumn Meetings and other conferences** to network with colleagues from all relevant disciplines from across the UK. Attendance at our major conferences is heavily discounted for BGS members
- **Submit an abstract** to our major meetings to showcase your research findings
- In addition to being a member of the Nurses and AHPs Council, you are welcome to join one or more of our **Special Interest Groups and Sections**, which focus on specific health issues affecting older people
- **Get involved locally!** Our national Councils in Scotland, Wales and Northern Ireland, and regional offices throughout England, hold clinical meetings once or twice each year. They are always pleased to hear from new members wanting to get involved
- **Blog for us!** Tell us about how things are locally or draw readers' attention to a specific experience or issue you care about. Our blog is viewed around times 10,000 each month making it one of the best ways to communicate with fellow members and others
- Follow us on **Twitter @Gerisoc**, we have more than 17,000 followers. You can also follow our events via **#BGSconf**

**For more information on all of these activities, please see our website [www.bgs.org.uk](http://www.bgs.org.uk)**

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