

Spring Meeting 2023

POPS SIG 18 May

Celebrating 20 years

Edinburgh EICC & Online (Hybrid meeting)

Five top tips for getting the most out of your meeting:

1. Record your attendance

Online: Attendance should be recorded by clicking “Sign in for CPD today” on the event platform each day you attend.

In person: Attendance should be recorded by scanning in at the registration desk using the QR code on your joining email or providing your name.

You will receive a CPD certificate for the days you have joined ‘live’ online only. Viewing the content post-event won’t be certified, but certificates are not required to claim CPD via the RCP diary.

2. Give feedback

Please take the time to fill out the feedback form after each session. It is mandatory for CPD but also helps us improve our conference and provides invaluable information to our speakers about their presentation.

3. Visit our sponsors

Please review the symposia and spotlight sessions in this programme and consider watching. Challenge yourself to spend 5 minutes during the next 3 days to speak to a sponsor.

4. Join the discussion

All delegates are encouraged to ask questions for the speakers and panel discussions. If you are thinking it, someone else is too, so please use the ‘Ask’ function on the online platform or the microphone in the room. If you’re tweeting, tag us at @GeriSoc and use the hashtag #BGSConf.

5. Get social

Chat with attendees, join a socialising event or interact in a group discussion. See the programme for social activities including a Ceilidh, Whisky Tasting and a climb up Arthurs’ Seat.

With grateful thanks to our sponsors:

AstraZeneca, Advanz, Astellas, BlacBial, Daiichi Sankyo, Ethypharm, Kora Healthcare and University Hospitals of Morecambe Bay NHS Foundation Trust.

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STREAM 1: PENTLAND

Perioperative Care of Older People Undergoing Surgery (POPS)

Where are we with perioperative services nationally and internationally?

Moderator: David Shipway

<p>9.00 - 10.30</p>	<p>9.05 Inequality and variation in perioperative care for older people Professor Jugdeep Dhesi Consultant Geriatrician Clinical lead, POPS@GSTT, Deputy Director, Centre for Perioperative Care, Hon Professor KCL, Hon Assoc Prof UCL</p> <p>9.25 What have we been doing to address inequality in perioperative care for older people? Professor Jugdeep Dhesi Consultant Geriatrician Clinical lead, POPS@GSTT, Deputy Director, Centre for Perioperative Care, Hon Professor KCL, Hon Assoc Prof UCL</p> <p>Case studies from national/international POPS services:</p> <p>09.45 Addressing the funding challenge Dr Nia Humphry, Consultant Perioperative Geriatrician, University Hospital of Wales, Cardiff</p> <p>09.50 Addressing the primary care/community and secondary care interface Rachel Barlow, Clinical Lead for Prehabilitation and Enhanced Recovery, Wales</p> <p>09.55 Addressing the workforce challenge Jason Cross, ANP and Nurse Lead for POPs, Guys and St Thomas' NHS Foundation Trust</p> <p>10.00 Improving planned care in the frail (IPCF) project Dr David Burberry, Consultant, Morrision Hospital</p> <p>10.05 Addressing the international healthcare system challenge Dr Rachel Aitken, Consultant Geriatrician, The Royal Melbourne Hospital</p> <p>10.15 Panel</p>
<p>10.30</p>	<p>Free time</p>



Putting medicine into perioperative care

Moderator: Mark Johnston

<p>11.00 - 13.00</p>	<p>11.10 What has SNAP3 told us? Dr Judith Partridge, Consultant Geriatrician Guys and St Thomas' NHS Foundation Trust</p> <p>11.30 New-ish studies and guidelines in perioperative care that everyone should know about Dr David Shipway Consultant Physician & Perioperative Geriatrician Deputy Clinical Director, Division of Medicine, North Bristol NHS Trust</p> <p>11.50 What's new in perioperative cardiology? Dr Kalpa Desilva, Consultant Interventional Cardiologist, Guys and St Thomas' NHS Foundation Trust</p> <p>12.10 Panel Working lunch: Focus group discussion on next steps for POPS, facilitated by Prof Justin Waring</p>
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LOMOND SUITE: EXHIBITION AREA**President's Poster Round**

Moderators: Adam Gordon and Emily Henderson

These are the top 10 submitted scientific research abstracts identified from submissions via adjudication. Each presenter will be given 3 minutes to present a summary of their work. There will then be questions from the President and VP Research and Academic Affairs

Abstract 1485: The taste and acceptability of a high protein, fortified ice cream compared with hospital milkshake nutritional supplement

K Marsh; A Avery; O Sahota.

Abstract 1519: Wellbeing of unpaid carers over fifty: an analysis of data from English Longitudinal Study of Ageing

C Brack; S Makin; M Kynn; P Murchie

Abstract 1531: Multiple modifiable components of hospital service delivery predict hip fracture: a national record-linkage study

R Patel; P Bajji; J Griffin; S Drew; A Johansen; T Chesser; MK Javaid; XL Griffin; Y Ben-Shlomo; E Marques; A Judge; CL Gregson

Abstract 1540: Yoga for older adults with multimorbidity: Randomised controlled trial with embedded economic and process evaluationsGA Tew; L Wiley; L Ward; J Hugill-Jones; C Maturana; C Fairhurst; K Bell; L Bissell⁴; A Booth; J Howsam; V Mount; T Rapley; S Ronaldson; F Rose; DJ Torgerson; D Yates; C Hewitt12.00-
13.00**Abstract 1543: Promoting Activity, Independence and Stability in Early Dementia and MCI: the PrAISED Randomised Controlled Trial**RH Harwood; A Brand; SE Goldberg; T Masud; V Van Der Wardt; J Gladman; P Logan¹; Z Hoare; V Booth; L Howe; A Cowley; R Bajwa; C Burgon; C Di Lorito; M Godfrey; M Dunlop; T Welsh⁴ on behalf of the PrAISED Study Group**Abstract 1545: The effects of dietary nitrate supplementation on physical performance in older people: A systematic review**

R Renji; SM Robinson; MD Witham

Abstract 1555: Automated electronic health record frailty assessment for older cardiac patients

Z X Ho; R A Soon; S Johnston; A MJ MacLulich; S D Shenkin; N L Mills; A Anand

Abstract 1564: Incidence and healthcare cost of fall-related readmissions after discharge among older patients

Xing Xing Qian; Pui Hing Chau; Daniel YT Fong; Mandy Ho; Jean Woo

Abstract 1653 Thinking outside the box: exploring user and carer perceptions of pharmacy-filled multi-compartment medication compliance aidsK Chin¹; A Hegarty¹; L Thielemans¹; R Schiff¹**Abstract 1645 A Small Vessel Disease syndrome? Symptoms associated with cerebral SVD progression and incident infarcts after minor stroke**U Clancy¹; C Arteaga¹; DJ Garcia¹; W Hewins¹; R Penman¹; MC Valdés-Hernández¹; S Wiseman¹; M Stringer¹; MJ Thrippleton¹; A Kampaite¹; OKL Hamilton¹; FM Chappell¹; S Rudilosso²; ACC Jochems¹; D Liu³; J Zhang⁴; R Brown¹; ME Bastin¹; S Muñoz Maniega¹; I Hamilton¹; D Job¹; FN Doubal¹; JM Wardlaw¹

STREAM 1: PENTLAND

KEYNOTE

Guest Lecture

Moderator: Adam Gordon

14.00	Pitfalls of traditional data analysis approaches in the NHS and the avoidance of spuddling Samantha Riley, Director of Making Data Count, National Team for Intensive Support, Chief Operating Officer Directorate, NHS England
15.00	Free time

Perioperative Care of Older People Undergoing Surgery (POPS)

Decision making and communication in perioperative care:

To operate or not to operate?

Moderator: Jugdeep Dhési

15.30 - 17.00	15.30 The patient perspective – what does this feel like and what should it be like? Dr Harriet Hall and Dr Amelia Paveley, Junior Clinical Fellows, Guy’s and St Thomas Trust
	15.45 The surgeons perspective – the challenges and solutions Susan Moug, Consultant Surgeon and Honorary Clinical Associate Professor, Royal Alexandra Hospital (<i>remote</i>)
	16.00 The POPS perspective – putting collaboration into practice Dr Catherine Meilak, Perioperative care of Older People undergoing Surgery (POPS Consultant), Kent and Canterbury Hospital
	16.15 The anaesthetic/intensivist perspective - what should we plan for and how? Dr Monika Beatty, Consultant in Critical Care, Royal Infirmary of Edinburgh Chair Faculty of Intensive Care Medicine Legal & Ethical Policy Unit
	16.30 Panel



17.00	Stream close
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17.30	Social programme: Walking Tour Pre-registration required - meet at registration desk
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19.00	Social Programme: Conference dinner and Ceilidh The conference dinner returns with a Ceilidh. Pre-registration required. The Scotsman Hotel
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