

Cardiovascular health

BGS SPRING MEETING 2023

SESSION 1 BACK TO THE FUTURE - IN WITH THE OLD AND IN WITH THE NEW

Is CGA better than smarties? Prof Simon Conroy

- CGA has a strong evidence base - we should be loud and proud!
- What can we learn from Smarties...consistent branding!
- Significant challenges delivering this more widely beyond geriatric services

Heart failure MDT working - Prof Jackie Taylor

- Heart failure is a complex, multi-system disease that needs an MDT approach
- Geriatricians are key members of the MDT which has level 1 evidence in the ESC guidelines

The power of the syncope MDT - Dr Lesley Anderton

- The syncope MDT led to benefits of shared learning, improved knowledge, reduced unnecessary investigations and improved the patient journey

SESSION 2 GOING VIRTUAL

Managing acute care closer to home - Prof Nick Linker

- Innovative approaches to managing heart failure at home is needed to reduce hospitalisations and care costs, improving patient care and experience

@home is where the heart is - Dr Rebekah Schiff

- Feasible & beneficial to manage CV conditions in home setting by use of virtual wards and/or @home service

SESSION 3 CUTTING EDGE

Advances in drug treatments for older people with heart failure - Prof Mark Petrie

- Early use of drugs improves patient outcomes
- Start-low and go-slow in older people to maximise benefits and tolerability

Gadgets for managing heart failure - from POCUS to LVAD - Dr Ian Loke

- Point of care ultrasound may improve detection and treatment at the bedside
- Advanced techniques are available but just because we can does that mean we should?

SESSION 4 PRAGMATISM IN PRACTICE

Calibrating controversial cases - panel discussion

- Controversial cases - how do we manage older people with cardiovascular problems in different settings?

Realistic medicine - Dr Catherine Labinjoh

- BRAN approach to patient led decision making: Benefits, Risks, Alternative options, what if I do Nothing?

Look out for our next meeting in September 2024!

